



Dublin United Kickoff Event


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July 29, 2018



Overall Kickoff Objectives

- Kick Start Each Team with Four Practices
- Provide a Basic Framework for Each Coach
- Allow the Coaches the Freedom to Vary from the Curriculum if They so Choose
- Provide Experienced College Players All Week for Teams (* We will discuss)
- Build Team Unity Throughout the Week
- Work with Other Teams of Similar Ability



High Level Look Each Day

- 6:15 PM - 8:00 PM Each Night Monday Through Thursday
- High Level Agenda with a Theme for Each Day
- College Players will be with the Same Team Each Day to the Extent Possible



Monday Agenda

- Theme for the Day is 1v1 Play
- 6:15 PM – 6:30 PM Introductions, Dribbling and Stretching
- 6:30 PM – 6:45 PM Dribbling Moves
- 6:45 PM – 7:00 PM Passing and Receiving
- 7:00 PM – 7:10 PM Shielding
- 7:10 PM – 7:30 PM 1v1 w/Emphasis on Shielding
- 7:30 PM – 7:55 PM 3v3 w/Emphasis on taking on a Defender with a Move
- 7:55 PM – 8:00 PM Cool Down/Chat



Tuesday Agenda

- Theme for the Day is Passing and Moving
- 6:15 PM – 6:30 PM Introductions, Dribbling and Stretching
- 6:30 PM – 6:45 PM Dribbling Moves
- 6:45 PM – 7:00 PM Passing, Moving and Receiving
- 7:00 PM – 7:15 PM 3 Around 1 Play
- 7:15 PM – 7:30 PM 3v3 w/Emphasis on Passing and Combining
- 7:30 PM – 7:55 PM Goal Theme: Combining
- 7:55 PM – 8:00 PM Cool Down/Chat



Wednesday Agenda

- Theme for the Day is Finishing
- 6:15 PM – 6:30 PM Introductions, Dribbling and Stretching
- 6:30 PM – 6:45 PM Dribbling Moves
- 6:45 PM – 7:00 PM Passing, Moving and Receiving
- 7:00 PM – 7:15 PM 3 Around 1 Play
- 7:15 PM – 7:30 PM 3v3 w/Emphasis on Finishing and Combining
- 7:30 PM – 7:55 PM Goal Theme: Finishing
- 7:55 PM – 8:00 PM Cool Down/Chat



Thursday Agenda

- Theme for the Day is Defending
- 6:15 PM – 6:30 PM Introductions, Dribbling and Stretching
- 6:30 PM – 6:45 PM Dribbling Moves
- 6:45 PM – 7:00 PM Passing and Receiving
- 7:00 PM – 7:10 PM 1v1 Defending
- 7:10 PM – 7:30 PM 1v1 w/Emphasis on Defending
- 7:30 PM – 7:55 PM 3v3 w/Emphasis on Defending as a Team
- 7:55 PM – 8:00 PM Cool Down/Chat



Carding Information

- Coaches Will be Added to the USClub System this Week
- Coaches Will need to Complete Background Check Form on USClub Site (Registration)
- Most Player Information has already been loaded by team
- Coaches Will be Able to View/Update Player Data including POB (Proof of Birth)
- Carding should be completed within two weeks or so
- Need R002 Form, POB and 1x1 Picture for Each Player



Collection of Information

- Coaches Should Collect a Number of Pieces of Information (DUSC has identified most items)
 - Outstanding Payments (very few left)
 - Outstanding POBs
 - R002 Forms (Copy to Us and Keep Original)
 - 1x1 Pictures for Each Player and Coach
 - OCL Parent Conduct Form from Each Parent along with the Concussion Law Form
Lindsay's Law Signature Form
- We will be trying to collect missing information throughout the week next week

Uniform, Practice Jerseys, etc

Uniforms are expected by August 18th – BEFORE anyone plays a game

Practice Jerseys are being delivered on Monday, July 30th to the coaches – a limited number of practice jerseys will be distributed this coming week

Coaches Equipment was distributed Sunday, July 29th for the most part.

Keeper Gloves and miscellaneous items will be delivered soon