

BUDS 4 HOCKEY.com

Basic Understanding & Development Skills for Hockey

“There’s more to hockey than just skating”

Palisades Center Ice Rink

WEEK-LONG TUNE-UP

August 27 to 31

Mites & Squirts 11:45am – 12:45am

Peewee/Bantam/H.S. 1:00pm – 2:15pm

- **Power Skating Drills**
- **Puck Movement Drills**
- **Passing & Shooting**
- **Cross-Ice Scrimmage**

Discount package - \$100.00 Walk-ons - \$25.00

Summer Clinic (Wednesday & Saturday)

Continues through September 1st

Go to buds4hockey.com for discount packages

All participants must sign a 2018 waiver.

Full equipment required.

PRIVATE LESSONS AVAILABLE

Contact BruceFowler@Optonline.net 845-406-5235