

U11 and U12 Assessment Stations for up to 48 Players

Station 1 - Keep Away

Keep Away Rules for 4 Players (3 X stations 1 = 12 Players)
 Player A starts w/ ball and can move on the line to make good pass to players B and C
 Player B and C move behind the line to receive the ball with a good trap from player A
 Player D attempts to steal the ball at anytime from Players A, B, and C
 If Player D steals the passed ball from Player A then Players A and D swap positions
 If Player D steals the a trapped ball from Player B then Players B and D swap positions
 If Player D can not steal a ball from any Player then switch with another Player A, B or C

12 yds

Players A, B and C Attributes	Players D Attributes
Passing Accuracy	Mental Agility (decision making)
Trapping Cleanly by moving to ball	Physical Agility
Movement w/ the ball with motion to pass	Foot work/Positioning
Movement w/o the ball to open space	Endurance
Mental Agility (decision making)	Aggressiveness

Station 2 - Skill Box

Skill Box Rules for 12 Players
 All Players have a ball, dribble to opposite line, make pull back move (*), then back
 Team 1 - Players A B C
 Team 2 - Players D E F
 Team 3 - Players G H I
 Team 4 - Players J K L
 Evaluator calls out right foot only, then Team # to start, then Team #'s (1&3, 2&4)
 Evaluator calls out left foot only, then Team # to start, then Team #'s (1&3, 2&4)
 Evaluator calls out use both feet, using #'s 1, 2, 3, 4, 1&3, 2&4, 1&2&3&4

15 yds

Players A through L Attributes	
Right Foot / Left Foot	Pullback Move at opposite line
Head Up	Focus
Controlled Dribble	Sportsmanship

Station 3 - 3 V 3

3 V 3 Rules for up to 6 Players (2 X stations 3 = 12 Players)
 A B C Players come out of Goal G2 (2 yds wide)
 X Y Z Players come out of Goal G1 (2 yds wide)
 A B C Players to score goal at G1 and defend G2
 X Y Z Players to defend G1 and score goal at G2

25 yds

Players A B C and X Y Z Attributes	
Offensive Attributes	Defensive Attributes
Accurate Passing	Speed
Trapping Cleanly/First Touch	Aggressiveness
Movement with the ball	Pressure with ball
Movement with out the ball	Pressure with out the ball
Mental Agility (decision making)	Mental Agility (decision making)
Sportsmanship	Communication

Station 4 - 1 v 1

1 v 1 Rules for up to 4 Players (3 X stations 4 = 12 Players)
 Passer P1 provides a static lead pass to Striker using inside left foot to score on one touch
 Passer P2 provides a static lead pass to Striker using inside right foot to score on one touch
 Back (B) or Keeper (K) applies striker defensive pressure from positions as P1 or P2 pass
 Passers P1 and P2 each pass a minimum of 4 balls for Striker to attempt goal
 All 4 Players then rotate clockwise through all positions

15 yds

Players K/B, P and S Attributes	
Offensive Attributes	Defensive Attributes
Accurate Static Lead Passing	Speed High to Low
Accurate Left Foot Strike (goal)	Mental Agility (decision making)
Accurate Right Foot Strike (goal)	Physical Agility (mobility)

If more than 48 players require assessment, then setup multiple Stations 1, 2, 3 and 4.

If the numbers of additional players is 8 or under, then add two players to each station and sub them in as necessary.

A minimum of 2 Assessors, or maximum of 4 Assessors are required per station.

U11 and U12 - Station 1, Keep Away Worksheet

Year:

4 Player #'s

Evaluator:

Players A, B , C Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Passing Accuracy				
Trapping Cleanly by moving to ball				
Movement with the ball with motion to pass				
Movement with out the ball to open space				
Mental Agility (decision making)				

Player D Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Mental Agility (decision making)				
Physical Agility				
Foot work/Positioning				
Endurance				
Aggressiveness				

NOTES

U11 and U12 - Station 2, Skill Box Worksheet

Year:

12 Player #'s

Evaluator:

Players A - L Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Right Foot / Left Foot				
Head Up				
Controlled Dribble				
Pullback Move at opposite line				
Focus				
Sportsmanship				

NOTES

U11 and U12 - Station 3, 3 V 3 Worksheet

Year:

Evaluator:

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6 Player #'s

Players A, B and C Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Accurate Passing w/o forcing ball through				
Trapping Cleanly/First Touch				
Movement with the ball				
Movement w/o the ball				
Mental Agility (decision making)				
Sportsmanship - Communicates, doesn't hog the ball and passes.				

Players X, Y, Z Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Speed				
Aggressiveness				
Pressure with ball				
Pressure with out the ball				
Mental Agility (decision making)				
Communication				

U11 and U12 - Station 4, 1 v1 Worksheet

Year:

4 Player #'s

Evaluator:

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Players S Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Accurate Left Foot Strike (goal)				
Accurate Right Foot Strike (goal)				

Players P Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Accurate Static Lead Passing				

Players B Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Speed High to Low - Don't over commit				
Mental Agility (decision making)				
Physical Agility (mobility)				

Players K Attributes	Excellent #'s	Good #'s	Satisfactory #'s	UnSat #'s
Speed High to Low - Don't over commit				
Mental Agility (decision making)				
Physical Agility (mobility)				

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