

WAKEFIELD CHAPEL RECREATION ASSOCIATION INC.
P.O. Box 1248
Springfield, Virginia 22151

RULES & REGULATIONS
(Revised September 2015)

PART A - GENERAL

1. The following rules and regulations have been developed to provide efficient, safe and sanitary operations of the entire pool complex for the protection of members and their guests, and to ensure their enjoyment of the Association's facilities. Failure to comply with these rules and regulations or with the direction of the pool staff may result in the suspension of pool privileges, or cancellation of membership. The suspension or cancellation is subject to the conditions as outlined in the by-laws.
2. The membership certificate owner is responsible for ensuring that all members and guests of the owner's household, particularly the children, observe and comply with these rules and regulations and the direction of the staff. The membership certificate owner has the ultimate responsibility to ensure that these rules and regulations are read by/to all members in the household and all guests.
3. Unless specifically provided otherwise the word "pool" in these rules and regulations includes both the main and wading pool. The phrase "pool complex" includes all areas on the Association property which are normally available for access and used by the membership and their guests. The term "pool enclosure" is the area inside the pool fence.
4. For the purpose of pool rules and regulations, an adult is defined as a person at least 18 years old.
5. Guests
The following guest privileges have been established to protect each member's investment in the Association. Guest privileges and fees include the use of the pool, tennis courts and other facilities.
 - a. Day Guests – Individuals from outside the pool area who are guests of a member are to be accompanied by that member or an authorized member of his/her household. Fee - \$5/day.
 - b. Fees for guests will be paid at the desk by cash before use of the facilities. Infants (under one year) and senior citizens not using the swimming facilities are not required to pay guest fees.
6. Abusive, obscene or profane language will not be permitted or tolerated on the Association's property.

7. Alcohol/Drugs

- No alcohol permitted on the pool deck except for Board sanctioned events.
 - Any person, under the age of 21, found with alcoholic beverages on the premises may be subject to suspension of membership and use of the Association's facilities.
 - Anyone found providing alcohol to persons under the age of 21 on the premises may be subject to suspension of membership, use of the Association's facilities and turnover to the authorities.
 - Alcohol is prohibited at WCRA team practices and competition events (i.e. matches, meets, team practices etc.) that involve minors.
 - Any person found with illegal drugs may be subject to suspension of membership & use of the Association's facilities and turnover to the authorities.
8. The pool Manager-in-Charge shall have final and conclusive authority on all pool matters of health and safety. In the event that this rule comes into question, the interpretation of the manger-in-charge shall be recognized as valid, pending decision of the Board of Directors.
9. WCRA is a non-smoking facility.
10. Members, guests and staff may not have food, drink or chewing gum on the deck area of the pool or bath house, except as specifically provided for during Board sanctioned events. Members, guests, and staff may eat, drink, or chew gum in the snack bar area or the hill area.
11. The Board of Directors will take the appropriate action they deem necessary in order to ensure compliance with these rules and regulations.
12. A complete and current copy of these rules will be posted in the lifeguard office.
13. In the event of malicious damage to the facilities, a member or guest will be held financially responsible for the damages.
14. All unclaimed items remaining at the end of the day may be placed in the lost and found storage area by the pool employees. Depending upon the number of items that accumulate from time to time, items unclaimed for more than 14 days will be donated to charity

PART B – POOL

1. Admittance Procedures

The system for controlling the use of the pool during regular pool operating hours involves:

- a. A gate attendant.
- b. A family membership list.
- c. Pictures of all current members in the pool management software.

- d. Payment of any appropriate guest fees or guest passes.
- e. Sign-in via computer registration listing.

The family membership must be on file at the pool entrance prior to the first time that members desire to use the pool. These records will assist the desk attendant in verifying identification of members authorized to use the swimming pool.

A current individual member’s picture identification must also be on file with the gate attendant prior to entering the pool enclosure for the first time. This picture will be checked each time by the gated attendant before admittance will be permitted. The Board of Directors will make known the availability of photographic services for recording of new pictures.

2. Hours of Operation

The regular hours of pool operation are:

Non-school weekdays	11:00am – 9:00pm
Public school days	1:00pm – 9:00pm
Saturdays	11:00am – 10:00pm
Sundays	12:00pm (noon) – 9:00pm
Federal holidays	12:00pm (noon) – 9:00pm

3. Age policy

- a. All children 17 years and under and their parents or guardians, must sign a “Code of Conduct/ Emergency Contact” agreement to be on file at the front desk. Forms will be part of the registration package. For convenience, families can sign one form with all names and signatures. All members are expected to be respectful and abide by the WCRA rules, policies and code of conduct at all times.
- b. Except during supervised swimming and diving instruction or swim/dive practice, and in accordance with County guidelines for supervision, all children 9 and under must be accompanied by an adult or a responsible babysitter 14 years or older.
- c. Children between the ages 10-13 may come swimming unaccompanied by an adult provided they have (a) passed a basic Red Cross swim test administered by the lifeguards (responsibility to ensure enforcement of this rests with the parents) and (b) child and parent have signed a “Code of Conduct/Emergency Contact” agreement.
- d. Children 5 years and under using either pool must be accompanied by an adult who shall remain in arms reach at all times. If the child is not potty trained, they must wear “little swimmer” pants in either pool.
- e. Use of the baby pool is restricted to children 6 years and under.

- f. Lap lanes are for all age lap swimming only with the exception of WCRA sponsored programming or events. Cutting through the lap lanes is not permitted.
 - g. Children 8 and under must pass a basic Red Cross swim test (which includes being able to swim 1 lap) administered by the lifeguards in order to swim in the deep end of the pool (responsibility to ensure enforcement of this rests with the parents).
 - h. Children 15 years and under shall be cleared from the pool for a 15 minute rest period once every hour. They must leave the pool at the nearest wall. Children cleared from the pool for rest periods shall not enter the wading pool during the rest period or loiter in the showers. The use of rest periods, their frequency, length, etc., will be regulated by the Manager-in-Charge. The Manager-in-Charge may shorten each rest period, or have as many as one full period per hour.
 - i. After 8:00pm., children 13 years and under who are in the pool enclosure must be accompanied by an adult 18 or older. The adult must remain in the pool enclosure with the child.
4. No pets allowed in the pool enclosure, except during closing pet swim event.
 5. All refuse shall be placed in containers provided. Members and guests continually leaving trash and debris on pool/tennis premises may be subject to suspension of membership and use of the Association facilities.
 6. No person shall use the pool unless it is officially open and lifeguards are on duty. Unauthorized swimming by pool members, staff or management during closed hours may result in suspension from membership.
 7. No glass or other sharp, breakable or otherwise hazardous objects or toys shall be permitted in the pool enclosure. Glass is only permitted on the hill.
 8. No sunglasses, eye glasses or swim masks that are made of glass shall be permitted in the pool. Plastic swim masks and unbreakable eye or swim glasses will be permitted.
 9. Strollers and baby carriages should be restricted to the wading pool and non-deck area and should not be left unattended when occupied.
 10. The pool Manager-in-Charge shall determine whether the pool will be evacuated or cleared for health and safety reasons.
 11. All persons shall take a cleansing shower bath, using soap prior to entering the water. Bathers are also encouraged to take a hot water shower before reentering the pool. All person shall rinse feet before going from non-deck area to the pool deck.
 12. The Manager-in-Charge shall determine whether the pool will be evacuated or cleared for safety reasons, such as during electrical storms.

13. No person shall use the pool who has a skin disease, open sore, excessive sunburn, sore or inflamed eyes, cold, nasal or ear discharge, any communicable or contagious disease, or who is wearing bandages of any kind. Exceptions to the rule will be made only on the written certification of a Physician that is acceptable to the Manager-in-Charge.
14. All individuals, including children shall wear regular swimming attire while using the pool.
15. Personal flotation devices (PFDs) such as lifejackets, water-wings or inflatable rings may be used only by small children who are restricted to the training area (inside roped off shallow area). All flotation devices must be Coast Guard approved.
16. Persons must enter the pool in a forward facing fashion. Back dives or "Nestea Plunges" are not permitted. Diving is not allowed in the training area, members must adhere to marked "No Diving" signs on the pool deck (with the exception of swim meets). Flips are only permitted off the diving board.
17. Excessive splashing, spitting and/or spouting water is not permitted. No conduct creating undue disturbance or endangering the health or safety of self or others is not permitted on the premises. Piggyback or shoulder riding is prohibited.
18. Rafts are not permitted in the pools except during designated special events such as "Raft Night".
19. Dive Area
 - a. Only one person is permitted on the diving board or ladder at a time.
 - b. Do not dive until the previous diver has cleared the area below the board.
 - c. No more than two successive bounces on the board is permitted.
 - d. Dive in a direction straight off the end of the board. No diving or jumping off the side of the boards, or toward the side of the pool will be permitted.
 - e. Swim out of the diving area toward the nearest ladder immediately after surfacing.
 - f. Non-swimmers will not be permitted in the diving area (swim test required).
20. No members are permitted in the guard office unless they have permission by the Manager-in-Charge.
21. Excessive drinking, roughhousing, or dangerous play will not be permitted in the pool complex.
22. The Manager-in-Charge reserves the right to refuse admittance to any patron or guest.
23. Tennis Courts

- a. Tennis courts are for member use only, except when preapproved by the Board.
- b. Tennis courts close at 10 pm. Please be sure lights are turned off and gates locked.
- c. No glass on tennis courts.
- d. The tennis courts are for TENNIS ONLY, exceptions are to have prior approval from the Board of Directors.
- e. No skateboards, bikes, scooters or the like are permitted on the tennis courts.
- f. No pets are permitted on the tennis courts.
- g. Members are to remove all trash from tennis court upon completion of play.
- h. Singles play is limited to a one hour block and doubles is limited 1.5 hours. If another member is not waiting to play you may continue, but you must relinquish the court if a member arrives after you have reached the time limit.