

## NYLA Girls Lax Coaching Requirements 2017 Spring Season

**Background:** NYLA is part of the Massachusetts Bay Girls Lacrosse League (MBGLL) and US Lax. Both organizations include coaching requirements – and also provide significant resources. You should be familiar with both websites:

MBGLL: [www.mbgll.org](http://www.mbgll.org)

\*\*See “Rules” tab (“Sportsmanship and Compliance”) and “Coaches Training” tab

US Lax: [www.uslacrosse.org](http://www.uslacrosse.org)

**Costs:** All costs for clinics and US Lacrosse memberships are reimbursed by NYLA. Please send PDF of payment to Heather Lucas, NYLA's Treasurer, to receive reimbursement:  
[headie@comcast.net](mailto:headie@comcast.net)

### **MBGLL Recreation Program, Coach’s Requirements**

**All Coaches:** (see additional Head Coach requirements below)

- **New in 2017: Coaches must participate in continuing education every other year.**

#### **Continuing education could include the following:**

- Level 1 (repeat the course)
  - Level 2 (if appropriate for the level that a coach is instructing)
  - New England Convention
  - US Lacrosse Convention
- US Lax Membership – valid through June 30, 2017
- **Online** US Lacrosse Level 1 Coach’s Clinic – ONE TIME (May be repeated to satisfy new 2017 continuing education requirements)  
<http://www.uslacrosse.org/participants/coaches/coaching-education-program/online-courses.aspx>
- Positive Coaching Alliance (PCA) “Double Goal Coach I” (**online or in-person**) – ONE TIME (not annually)  
<http://www.uslacrosse.org/participants/coaches/coaching-education-program/positive-coaching-alliance-courses.aspx>
- Rules Q. and A. session or US Lacrosse/MBGLL Rules Clinic (**ANNUALLY**)  
To register go to [www.mbgll.org](http://www.mbgll.org) under “individual registrations”  
**Rules Q&A Sessions:**
- February 25, 2017 - Gus Canty Community Center, 790 Main Street, **Falmouth** MA 02540
  - February 26, 2017 - Medford High School, 489 Winthrop Street, **Medford** MA 02155

- March 11, 2017 - Forekicks, 219 Forest Street, **Marlboro** MA 01752
- March 29, 2017 - Wellesley Free Library, 530 Washington Street, **Wellesley** MA 02482 (Wakelin Room)

#### Rules Clinics:

- February 26, 2017 - Medford High School, 489 Winthrop Street, Medford MA 02155
  - March 11, 2017 - Forekicks, 219 Forest Street, Marlboro MA 01752
  - March 23, 2017 - Topsfield Town Library, 1 South Common Street, Topsfield MA 01983
- CORI certification valid through June 30, 2017 or NCIS background check through US Lacrosse  
<https://www.ncsisafe.com/Members/SelfRegBatchCode.aspx?srb=12951213>
- Concussion Course (one of the following) – ONE TIME (not annually):
- CDC Online Training Course: *Heads Up: Concussion in Youth Sports*  
[http://www.cdc.gov/concussion/HeadsUp/online\\_training.html](http://www.cdc.gov/concussion/HeadsUp/online_training.html)
  - NFHS Online Course: “Concussion in Sports”  
<http://nfhslearn.com/courses>

### **U13 and U15 Head Coaches – Additional Requirements**

- Must also attend an **in-person** US Lacrosse Level 1 Coach’s Clinic (in addition to the online version) (ONE TIME, not annually).  
 Upcoming Clinics: <http://mbgll.org/Page.asp?n=37103&org=mbgll.org>
- February 25, 2017 – Falmouth: Gus Cauty Community Center, 790 Main Street, Falmouth
  - March 4, 2017 – Foxboro: The Sage School, 171 Mechanic Street, Foxboro
  - March 12, 2017 – Reading: Parker Middle School, Morgan Park, 45 Temple Street, Reading
  - March 25, 2017 - Groton Dunstable Regional Middle School, 344 Main St., Groton MA 01450 (North Building, park on left side of building, by the field)

### **MBGLL Select Program – Additional Requirements**

- All head coaches must become US Lacrosse Level 1 Certified  
<http://www.uslacrosse.org/participants/coaches/coaching-education-program.aspx>  
<http://www.uslacrosse.org/participants/coaches/coaching-education-program/certification-information/level-1-certification.aspx>
- All assistant coaches must have completed the US Lacrosse Level 1 online, in-person clinic, and PCA online or live course.
- One representative must complete the US Lacrosse/MBGLL Rules Certification course.

## **Additional Programs of Interest**

- **US Lacrosse Level 2 Clinic** Register at [www.uslacrosse.org](http://www.uslacrosse.org), under "coaches" "instructional clinics" Level 2 Clinics
  - **March 5, 2017 - The Sage School, 171 Mechanic Street, Foxboro MA 02035**
  
- **New England Convention** **The New England Convention brings top lacrosse coaches to one location for a day of learning, sharing, and networking. All coaches are encouraged to attend. This year's conventions is scheduled on February 26, 2017. Visit New England Lacrosse Convention for more details.**