

**2016 CAL Champs - 7/28/2016 to 7/29/2016**  
**Psych Sheet - Intermediates and Seniors**

**#55 Mixed 13-14 200 Yard Medley Intermediate Bronze Relay**

Team	Relay	Seed Time
1 FAST	A	2:31.07
2 HPST	B	2:32.35
3 FCST	A	2:32.51
4 CRA	A	2:32.95
5 MCC	A	2:33.12
6 HPST	A	2:33.87
7 WMST	A	2:39.22
8 CRA	B	2:40.15
9 GPST	A	2:42.85
10 QM	A	2:44.72
11 MGAA	A	2:45.02

**#56 Mixed 13-14 200 Yard Medley Intermediate Silver Relay**

Team	Relay	Seed Time
1 FAST	A	2:12.93
2 WMST	A	2:14.58
3 QM	A	2:16.25
4 WPST	A	2:17.46
5 FCST	A	2:17.75
6 BPST	A	2:19.08
7 FAST	B	2:19.31
8 SCC	A	2:19.77
9 CRA	A	2:21.73
10 BST	A	2:22.45
11 GPST	A	2:26.07

**#57 Mixed 13-14 200 Yard Medley Intermediate Gold Relay**

CAL Yard: 1:53.19 2015 Chester Recreational As

A. Pajimola, C. Mills, M. Dupre, M. Martin

Team	Relay	Seed Time
1 FCST	A	1:53.06
2 HPST	A	2:00.24
3 SL	A	2:01.56
4 BPST	A	2:05.24
5 CRA	A	2:06.78
6 BGC	A	2:09.20
7 SL	B	2:14.26
8 WL	A	2:21.98
9 YPOW	A	2:36.63

**#58 Mixed 15-18 200 Yard Medley Senior Bronze Relay**

Team	Relay	Seed Time
1 CRA	A	2:12.48
2 FAST	A	2:15.16
3 QM	A	2:19.23
4 WPST	A	2:19.29
5 GPST	A	2:19.66
6 SCC	A	2:20.36
7 WMST	A	2:25.06
8 BST	A	2:26.69
9 MCC	A	2:27.12
10 BPST	A	2:36.92
11 WPST	B	2:40.31
12 CRA	B	NT

**#59 Mixed 15-18 200 Yard Medley Senior Silver Relay**

Team	Relay	Seed Time
1 WMST	A	2:02.23
2 FCST	A	2:02.68
3 CRA	A	2:03.56
4 WPST	A	2:07.27

5 QM	A	2:10.15
6 HST	A	2:10.35
7 CRA	B	2:11.52
8 BPST	A	2:12.07
9 WL	A	2:12.94

**#60 Mixed 15-18 200 Yard Medley Senior Gold Relay**

CAL Yard: 1:46.46 2013 Salisbury Country Club

S. Lane, F. Swope, A. Branin, C. Henry

Team	Relay	Seed Time
1 FCST	A	1:50.63
2 FAST	A	1:50.71
3 WPST	A	1:55.38
4 HPST	A	1:59.03
5 WMST	A	2:02.22
6 TST	A	2:07.32
7 CRA	A	2:18.75

**#77 Mixed 13-14 200 Yard Freestyle Intermediate Bronze Relay**

Team	Relay	Seed Time
1 HPST	A	2:05.69
2 FAST	A	2:07.23
3 CRA	A	2:10.60
4 WMST	A	2:14.64
5 GPST	A	2:16.02
6 HPST	B	2:16.39
7 CRA	B	2:19.57
8 MGAA	A	2:23.43

**#78 Mixed 13-14 200 Yard Freestyle Intermediate Silver Relay**

Team	Relay	Seed Time
1 BPST	A	1:58.62
2 FCST	A	2:01.59
3 FAST	A	2:02.88
4 SCC	A	2:03.49
5 CRA	A	2:04.13
6 QM	A	2:07.68
7 FCST	B	2:09.28
8 MCC	A	2:09.64
9 SL	A	2:25.06

**#79 Mixed 13-14 200 Yard Freestyle Intermediate Gold Relay**

CAL Yard: 1:41.78 2015 Chester Recreational As

M. Martin, A. Pajimola, G. Crouch, C. Mills

Team	Relay	Seed Time
1 FCST	A	1:44.52
2 HPST	A	1:47.25
3 SL	A	1:47.58
4 FAST	A	1:49.47
5 CRA	A	1:51.86
6 WMST	A	1:51.91
7 WPST	A	1:55.43
8 QM	A	1:55.71
9 BST	A	1:56.38
10 SL	B	1:58.11
11 CW	A	2:07.28
12 YPOW	A	2:09.25

**#80 Mixed 15-18 200 Yard Freestyle Senior Bronze Relay**

Team	Relay	Seed Time
1 CRA	A	1:54.52
2 FAST	A	1:57.74
3 GPST	A	1:57.87
4 CRA	B	1:57.98

5 SCC	A	1:59.75
6 QM	A	1:59.80
7 WMST	A	1:59.99
8 BST	A	2:00.13
9 WPST	A	2:01.28
10 BPST	A	2:21.54

**#81 Mixed 15-18 200 Yard Freestyle Senior Silver Relay**

Team	Relay	Seed Time
1 WMST	A	1:46.62
2 CRA	A	1:48.14
3 FCST	A	1:48.15
4 FAST	A	1:48.54
5 WPST	A	1:49.33
6 QM	A	1:52.29
7 HST	A	1:53.18
8 CRA	B	1:54.85
9 WMST	B	1:55.12
10 BPST	A	2:01.40
11 HHT	A	2:11.10

**#82 Mixed 15-18 200 Yard Freestyle Senior Gold Relay**

CAL Yard: 1:34.63 2013 Salisbury Country Club

P. Groh, S. Lane, M. Burton, A. Branin

Team	Relay	Seed Time
1 FCST	A	1:41.11
2 FAST	A	1:41.75
3 WPST	A	1:42.57
4 HPST	A	1:45.88
5 TST	A	1:49.82
6 BGC	A	1:59.86
7 MCC	A	2:00.57