

Chesterfield Aquatic League
2013 Champs Warm-Up Schedule

MONDAY July 22 - Meet Starts at 3:00pm

	COMPETITION POOL								NON - COMPETITION POOL								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
2:00p			FAST	FAST	FAST	FAST			WL	FB	FCF	CW	GPST	MCC	MGAA	WMST	WMST
2:15p	1-Way Starts		FCST	FCST	QM	QM	1-Way Starts		BST	BST	CRA	CRA	CRA	YPOW	YPOW	SL	SL
2:30p			WPST	WPST	BGC	BGC			SCC	BPST	BPST	HPST	HPST	HPST	TST	TST	HST

(Average 14 Swimmers per lane)

TUESDAY July 23 - Meet Starts at 8:00am

	COMPETITION POOL								NON - COMPETITION POOL								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
8:00a			HPST	HPST	TST	TST			MCC	BPST	BPST	WPST	WPST	BGC	BGC	YPOW	YPOW
8:15a	1-Way Starts		MGAA	CW	GPST	FB	1-Way Starts		WL	WL	FCF	FAST	FAST	WMST	WMST	SL	SL
8:30a			1 Way	BST	BST	BST			FCST	FCST	CRA	CRA	SCC	SCC	QM	QM	HST

(Average 10 Swimmers per lane)

TUESDAY July 23 - Meet Starts at 3:00pm

	COMPETITION POOL								NON - COMPETITION POOL								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
2:00p			CRA	CRA	CRA	CRA			WL	BST	BST	SL	SL	SCC	QM	HST	FCST
2:15p	1-Way Starts		1 Way	BPST	BPST	BPST	1-Way Starts		TST	HPST	HPST	WPST	WPST	WPST	BGC	YPOW	YPOW
2:30p			1 Way	MCC	MCC	FCF			CW	FB	GPST	FAST	FAST	FAST	MGAA	WMST	WMST

(Average 10 Swimmers per lane)