

GIRLS LACROSSE PRIVATE TRAINING

**Skills, Drills & Demos by 2 Loyola University
Division 1 Women's Lacrosse Players
Back-to-Back Patriot League Champions**



**Senior Midfielder
Maddy Blakeman**



**Sophomore Defender
Madison Fahey**

- * **Dates:** August 3rd – 5th
- * **Location:** Saint James School Girl's Lacrosse Turf
- * **Times:**
 - * Session 1: 9:00-11:00 AM
 - * Session 2: 12:00-2:00 PM
 - * Session 3: 2:30-4:30 PM
- * **Cost:** \$30 per session/per player/per day OR a discounted rate of \$75 FOR ALL 3 DAYS (Aug 3rd, 4th, and 5th)
- * **Things to Bring:**
 - * All lacrosse gear – stick, goggles, mouth guard
 - * Water bottle & Sunscreen

Open

To All Ages:

Session 1: Grades 2-5

Session 2: Grades 6-8

Session 3: Grades 9-12

Focuses on fitness, stickwork (including fun tricks)!

Attack: shooting & dodging

Defensive: footwork & checking

Midfield: transition & draw circle strategies in a small group/individual setting

Contact Madison Fahey to reserve your spot by July 31st

Walk-ups will be accepted if space is available

Email: mgfahey@loyola.edu / Phone: 240-313-5817