

WSLA HS League Meeting

February 7, 2015



Agenda

- Introductions
- Announcements
- Finance Report
- Strategic Plan update
- 2015 Season
- WWLUA Update
- 2015 Regional Teams
- USL National Convention recap
- Call for Help
- Final Items

Announcements

- Off season Results
 - Sandstorm Tournament
 - 2015 - Teams from WA in the Open division went
 - 26-8-2. Congratulations Seattle Starz Elite!
- Player Clinics – Feb 21 (Ballard and Tacoma)
- Open coaching positions
- Cascade Helmet Recall – Goalie Helmets

WSLA 2015 Budget

Actuals as of
1/31/15

	2015 Budget	2015 YTD Actual
INCOME		
HS Registration	\$ 75,525	\$ 37,031
Youth Registration	\$ 47,200	\$ 8,280
Jamborees	\$ 7,300	
Clinics	\$ 600	
Regional Team	\$ 40,000	
Fines	\$ 500	\$ 150
Contributions	\$ 11,000	\$ 10,000
Interest	\$ 10	\$ 2
TOTAL INCOME	\$ 182,135	\$ 55,463
EXPENSES		
Total Officials	\$ 96,014	\$ -
Administration		
Bookkeeper	\$ 3,500	\$ 295
Scheduler	\$ 5,000	
Executive Director	\$ 12,000	\$ 3,000
Intern (Communications/Admin)	\$ 750	
Accounting/Banking	\$ 500	\$ 35
Insurance	\$ 1,050	\$ 376
Meeting Expenses	\$ 1,000	\$ 632
Postage & Printing	\$ 100	
Website	\$ 700	\$ 164
Strategic Planning	\$ 11,000	
Other (credit card fees, etc)	\$ 900	\$ 528
Total Administration	\$ 36,500	\$ 5,029
Total Regional Team	\$ 45,500	\$ -
Other Expenses		
Jamborees	\$ 4,750	\$ 465
Clinics	\$ 100	\$ 600
Awards-Recognition	\$ 800	
Travel Stipend	\$ 1,500	\$ 13
Local Convention Speaker	\$ 300	
Public Relations	\$ 4,500	\$ 4,250
Total Other Expenses	\$ 11,950	\$ 5,328
TOTAL EXPENSES	\$ 189,964	\$ 10,357
Change in Net Assets	\$ (7,829)	\$ 45,107
Beginning Cash Balance	\$ 31,190	\$ 28,248
Regional Team Reserve Fund		\$ 10,000
Ending Unrestricted Balance	\$ 23,362	\$ 63,355

Strategic Focus Areas

Youth Program Development

WSLA will develop and devote resources to improve access and opportunity for younger girls to learn and play the sport.

- Increase the number of programs and players

- Increase the exposure of sport to girls prior to 5th grade

- Increase Coaches and official development

Strategic Focus Area

Geographic Growth

In order to create sustainable geographic growth, WSLA will assist programs to expand into neighboring areas to foster local playing opportunities.

- Raise Awareness of the Sport across WA
- Build stronger foundations for growth and development of girls lacrosse across WA
- Create a “Starter Kit” for new programs

Strategic Focus Area

Board Development

In order to be an effective leader for the sport of lacrosse in Washington State, WSLA will be strategic, effective, educated, representative and accountable to the principles of good governance.

Recruit the most effective Board members possible to meet current and future needs of WSLA

Improve the training and development of the WSLA Board.

To create board processes and procedures that ensure the most effective functioning WSLA Board

2015 Dates

- 21-Feb – Pre-Season HS Clinic - \$10 per participant
 - Ballard HS turf (Seattle) from 1-3pm
 - Wilson HS turf (Tacoma) from 9-11am
- 23-Feb – Season Start
 - 10 week total regular season, 2 weeks for playoffs
- 1-Mar – Coaches Level 1 Training
- 1- Mar - Preliminary roster entered into website.
- 6-Mar – Final roster due (correct names, jersey numbers and positions listed in website)
- 8-Mar – Final League Fees due
- 7-8-Mar – Jamboree – Umpire Rating
 - multiple fields (Bainbridge - Battle Point, Lakeside and Marymoor) Online registration will open on Feb 8 - first come, first served -- total of 24 teams accepted. \$150 fee.
- 9-Mar – Games Start
 - 8 weeks total to hold 12 games per team, less spring break(s)
- 10 Mar – Regional Team Nominations Due BOTH U19 and U15
- 22-Mar – U19 Regional Team Tryout 12pm-3pm at Marymoor turf field #4
 - U15 is also on March 22 from 9am-12pm at Marymoor turf field #4.
- 6-May – Regular Season Ends
 - All conference games must be complete
- 8-May – First Round of Playoffs
- 11-May – Second Round of Playoffs
- 13-May – Semi Finals
- 15-May – Championship Game – Eastside Catholic HS (Sammamish, WA)
- 23/24-May – Women’s National Tournament – Bel Air, Maryland

2015 Season Preview

- Schedule Change Request
 - Teams shall communicate to each other and find a mutually agreeable solution to a change from the published schedule and then submit the change request to Brian -- scheduler@wslax.org
- Sideline Manager
 - Each team (home and away) will provide a sideline manager whose duty shall be to control effectively the actions of spectators not in conformity with the standards of proper conduct.
- NOCSAE Game Ball Compliance
 - Home teams shall provide NOCSAE balls for games
- Uniform Compliance
 - All teams will attest that their uniforms meet USL specifications or submit a waiver request to the WSLA board detailing the out of compliance item and replacement date – note rule changes for 2015 regarding numbering.
- Two Umpire Officiating and maybe one Three Umpire Crew
- Umpire Feedback
 - Send email to Kate – president@wslax.org
 - Looking for positive feedback as well to assist with selection of playoff umpires

2015 Season Preview

Varsity – 33 teams in 5 conferences

- Playoff Process
 - Top 3 per conference (15 teams)
 - Final playoff spot – team with the most league points against the other 15 playoff teams (not overall league points)
 - Seeding for the 16 playoff teams will be based upon overall league points
 - Tie breakers remain head to head, points against, common opponent record (see handbook for details)
 - Umpire Crews – *2 umpires instead of 3 for consistency with league games*

JV – 29 teams

- Big Cat, Gonzaga Prep, North Olympic and Three Rivers are provisional teams for 2015

Game Reporting

- Score, Stats and Card reporting
 - Due as soon after game as possible (3 hours max)
 - Yellow and Red cards reported with game stats
- Varsity All-Conf post game reporting form
 - Due as soon after game as possible (24 hours max)
 - Basis for league awards

All Conference Award Process

- Recognize 12 players per conference (60 total)
- Top players recognized after each game
 - Both Home and Visiting head coach will vote separately online
 - Vote for best opposing Attack, Midfield and Defense player and best Goalie of the game – You do not need to vote for each position
 - Voting must be done within 24 hours after game
- WSLA will provide a list of top players selected, player stats and cards for the season
- Conference Winning Coach will lead a coaches meeting (via Skype or conf call that will happen on May 10) with other in-conference coaches and the WSLA Conference Rep to determine All-Conf team (1 goalie, 3 defenders, 5 midfielders, and 3 attack players).
- Players recognized during the State Championship Game

All State Award Process

- Recognize 18 players
- Based upon All Conference team players and post season play
- State Champion head coach will lead a selection committee comprised of all of the conference winning head coaches and a member of the WSLA board.
- 18 players selected – 1 goalie, 4 defenders, 7 midfielders, 4 attack players and 2 players who may be from any position
- All State Players will be announced within 10 days after the championship game

- All-Conference and All-State selections will be based upon player game nominations, individual statistics and other criteria.
- Player awards are intended to reflect the best players in the state and may or may not reflect proportionally across all conferences.

WWLUA

- Invitations for Mini-Rule Sessions for Teams
- Game Cancellation Guidelines
- WWLUA Contact Information
- Umpire Recruitment
- Check out new website at www.wwlua.org

UMPIRE RECRUITMENT REQUIREMENTS

- Requirement is proportional to the number of teams fielded
- 1-3 Teams – 1 Requirements
- 4-6 Teams – 2 Requirements
- 7-9 Teams – 3 Requirements
- 10 Teams – 4 Requirements
- Each U11 team counts as ½ a team for these purposes

IND YOUTH	ADULT	COACH	2 ND YR ADULT
Rated + 10	Rated + 5	Rated + Jamb	Rated + 8

2015 High School Regional Team

- Coach applications due 1-Mar
- U19 Regional Team
 - 10-Mar – Player Nominations due
 - 22-Mar – Tryout 12pm-3pm at Marymoor turf field #4
- U15 Regional Team
 - 10-Mar – Player Nominations due
 - 22-Mar – Tryout 9am-12pm at Marymoor turf field #4
 - Revised approach to selection of team and club team support

USL National Convention Report

WSLA assistance available for coaches to attend

PE Lacrosse Education Unit

- Best way to introduce lacrosse in schools
- Approved by national teaching organizations
- USL grants available for curriculum, equipment and teacher training (KYLA recipient in 2014)

A lot of Crab Cakes!!!!

Call for Volunteers

- Championship Day
- Regional Team Try Outs
- Board Committees
- USL – WA Chapter

FINAL THOUGHTS

- Respect that is happening for WA lacrosse across the country – Kudos to all of you!
- WSLA is here to help make your season smooth – even though it may seem like we are the doomsdayer of “NO.”

Great coaching insights from USL Convention

Never underestimate the power of

“Next Time.”

Dick Vermeil: I didn't coach football, I coached men who played football. So with our kids it is even more important that you never forget that you don't coach lacrosse, you coach *kids* who play lacrosse.