

Devon Strafford Little League

2017 Safety Plan and Manual

Devon Strafford Little League (DSLL) Safety Manual

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I. DSLL Safety Policy

Safety is the highest priority of DSLL. An active safety program will be maintained and communicated among all participants in the DSLL- managers, coaches, players, parents and volunteers. All league activities will be conducted in accordance with the Little League "A SAFETY AWARENESS PROGRAM" (ASAP) and DSLL Safety Code.

II. DSLL Safety Code

1. Responsibility for safety will be maintained by an officer-level member of the Board of DSLL. The Safety Officer shall prepare an official safety plan and manual for DSLL each year in accordance with all applicable requirements of Little League, Inc. and its "A Safety Awareness Program" and cause such safety plan to be published or otherwise distributed to all relevant participants in DSLL baseball and softball programs.
2. All Board members, managers, coaches and other applicable volunteers or hired workers who provide regular service to DSLL or have repetitive access to, or contact with, players or teams shall, on an annual basis, complete and submit to the Safety Officer or the President, a Volunteer Application Form in accordance with the official regulations of Little League, Inc. Refusal of any individual to submit a fully completed Volunteer Application Form will result in the immediate dismissal of the individual from DSLL.
3. An annual background check shall be conducted by DSLL on all Board members, managers, coaches and other applicable volunteers in accordance with official regulations of Little League, Inc. Any background check that reveals a conviction of a crime involving or against a minor shall result in immediate termination from the league. The DSLL Board may, in its discretion, terminate any Board member, manager, coach or other applicable volunteer for other convictions, offenses or pending charges.
4. All teams, along with their equipment, shall be provided the applicable year's Official Regulations and Playing Rules provided by Little League, Inc. and will comply with those Rules and Regulations at all times.
5. All league participants, including Board members, coaches, players and parents, shall be provided with the League Code of Conduct and shall be expected to conduct themselves in accordance with it.

FIRST AID

6. Each year DSLL shall provide or arrange for first aid and fundamentals training sessions, led by competent professionals or other reasonably qualified individuals, for all coaches and other interested parents. At least one coach or manager from each team must attend these first-aid and fundamentals training

sessions each year. Every manager and coach must attend these first aid and fundamentals training sessions at least once every three years to be eligible to continue to participate as a coach or manager. The President, the Safety Officer and/or the respective Vice Presidents for each baseball and softball division shall keep such records of these meetings as shall be necessary or appropriate to ensure that each team, coach and manager is in compliance with the attendance requirements.

7. Managers, coaches and umpires should have training in first aid. First aid kits shall be issued to each team manager along with the team's equipment. First aid kits must be present at all games and practices. These kits should be replenished as used upon request to the Safety Officer or Equipment Manager.
8. The large equipment/snack shed at Clarke Field shall contain a fully-stocked first aid kit and an operable fire extinguisher.
9. A Medical Release, in the form specified by Little League, Inc., must be completed and signed by the parent or guardian of each player. A completed and signed Medical Release for each player should be carried by the coach to all practices and games.
10. No team shall practice or play any game without more than one adult present. A cell phone should be available at all practices and games.

FIELDS

11. No games or practices should be held when weather or field conditions are poor, particularly when lighting is inadequate.
12. Play area shall be inspected by umpires and coaches prior to each game or practice for holes, slippery areas, damage, stones, glass and other foreign objects.
13. Play shall be suspended if weather or lighting conditions become such that the ability to safely play is adversely affected. In the event of any visible indication of lightning or audible thunder, participants should be instructed to leave the field area and move to a safe environment immediately. Participants may remain at the field area if all participants remain in a motor vehicle.
14. Only players, managers, coaches and umpires are permitted on the playing field or in the dugout during games and practice sessions. In addition to the manager, only two adult coaches shall be permitted in the dugout during games.
15. All gates to the fields must remain closed at all times. After players have entered or left the playing field, gates should be closed and secured.
16. After each game, each team is required to clean up trash in dugouts and around stands.

EQUIPMENT

17. Equipment will be inspected prior to each use. Defective equipment will be repaired or replaced. Under no circumstances is defective equipment to be used. Parents are responsible for inspecting the equipment belonging to their children.
18. During games, all team equipment should be stored within the team dugout, or behind fences, and not within the area defined by the umpires as "in play".
19. Catchers must wear catcher's helmet, mask, throat guard, long model chest protector (for males), shin guards and protective cup (for males) with athletic supporter for all practices and games. NO EXCEPTIONS. Managers should encourage all other male players to wear protective cups and supporters for all practices and games.
20. Catchers must wear catcher's helmet and mask with a throat guard in warming up pitchers. This applies between innings and in the bullpen during a game and also during practices.
21. Player must not wear jewelry, watches, rings, pins or metallic items during games and practices. EXCEPTION: Jewelry that alerts medical personnel to a specific condition is permissible.
22. Batters must wear Little League approved protective helmets during batting practice and games.
23. Players who serve as a first base coach must wear a batting helmet.
24. Batting helmets can be purchased with safety masks which can protect the batter's face from baseballs and softballs. While these facemasks are not required by DSLL, DSLL strongly encourages parents to determine whether this additional safety precaution is appropriate for their child.
25. It is believed that lice can be spread from child to child by sharing batting helmets. DSLL therefore strongly encourages parents to provide their children with their own properly fitted batting helmet. Please inform your team's coach if you child currently has lice.
26. Parents of players who wear glasses should be encouraged to provide "safety glasses".
27. Mouth guards may be worn by batters and base runners to protect their teeth.

PRACTICE AND WARM UP SAFETY

28. At the beginning of each practice and before each game coaches should have the players perform stretching exercises to minimize the risk of pulled muscles and torn tendons.
29. During warm-up drills players should be spaced so that no one is endangered by wild throws or missed catches.

30. All pre-game warm-up (i.e., playing catch, pepper, etc.) should be performed within the confines of the playing field and not within areas that are frequented by spectators
31. No coach or parent is permitted to warm up a pitcher between innings or in the bullpen.

BATTING, BASE RUNNING AND FIELDING SAFETY

32. On-deck batters are not permitted. No player shall hold a bat unless that player is the batter and in the batting area.
33. During practice and games, all players should be alert and watching the batter on each pitch.
34. Except when runner is returning to a base, head first slides are not permitted. No "take-out" slides are permitted.

GENERAL SAFETY

35. Pursuant to applicable township ordinances, no food shall be cooked or prepared at the snack shed or on the Clarke Field premises, except that popcorn may be cooked in a microwave oven by adults familiar with the use of the microwave. Complete instructions as to the use of the microwave for cooking popcorn shall be posted on or near the microwave. Only canned or bottled drinks, ice cream, candy and other packaged snack food may be sold at the snack shed. All such items shall be stored in the refrigerator, freezer or on a shelf off the floor. The concession stand manager shall be responsible for maintaining the snack shed in a safe and clean manner.
36. No pets are permitted on the Clarke Field premises (Clarke 1 and Clarke 2).
37. No playing in the parking lots at any time.
38. No climbing fences.
39. No profanity allowed at any Little League game, activity or event.
40. No smoking, tobacco, or alcohol usage at any Little League game, activity or event.
41. No players or spectators shall use the batting cage at Clarke Field without adult supervision.
42. Immediately report a present or potential safety hazard to the DSLI Safety Officer.

III. Key Contact Information

Devon-Strafford Little League

2016 Emergency and Contact List

EMERGENCY	911
POISON CONTROL	1-800-222-1222
DSLl SAFETY OFFICER	717-648-0884

President	Brendan Arnott	610-585-7514	barnott1@verizon.net
VP Boys Baseball	Rob Miller	610-639-1042	rmiller@generalpainting.com
VP Girls Softball	Steve Schiff	610-220-5120	steve@schiffmarketing.com
Safety Officer	James Kemm	717-648-0884	jkemm@comcast.net

IV. DSLl Code of Conduct

Devon-Strafford Little League Objective

The DSLl code of conduct provides players, parents, league officials, managers and coaches a standard for behavior in order to promote sportsmanship and respect in our league. To achieve our mission, we provide the following Code of Conduct to express these core values.

Coaches

- Be a positive role model. Enforce all DSLl Safety Code Policies.
- Conduct yourselves in a manner that best serves the interest of the players.
- Treat all players, parents, coaches, spectators and league officials with respect.
- Demonstrate fundamental proficiencies with the respect to the game of baseball and first aid.
- Supervise all children until they are picked up from the field.
- Physical contact with players, coaches, parents or umpires will not be tolerated.
- Communicate with parents and players. Coaches should explain the league rules, how starting lineups, substitutions, and requests for more playing time, etc., will be handled.

- Always bring First Aid kit, cell phone and medical release forms to the field at every practice and game.

Parents

- Read, understand and support DSLL Safety Code Policies.
- Support the expectations of your child's coach.
- Contact your child's coach if your child cannot make a practice or game.
- Refrain from discussing concerns with a coach or child during a game. Wait until after the contest is over to discuss any issues.
- Be a positive role model. Show by example that the players should respect the judgment and authority of the umpire and coaches. Complaints about coaches and umpires should be directed to the Division VP.
- Volunteer for activities where parents are needed.
- Support your child at practices and games.
- Have realistic expectations of your child's performance.
- Help your child see his or her own strengths and weaknesses. As children play in the older divisions, coaches are trying to teach them to learn their strengths and weaknesses in order to become better players.
- Avoid aggressive physical contact with players, coaches or umpires at all times.
- Keep non-players away from dugout/bench area.
- After each game inspect your child's equipment and replace it if it is damaged.
- Fill out coach evaluation forms when distributed at the end of the season.

Players

- Understand and follow the safety rules of the game.
- Do not throw bats, helmets or other equipment; these actions will result in automatic ejections from the game, and possible suspensions from future play.
- Do not swing a bat before you are at the plate.
- There is no "on-deck" circle or on-deck batting in Little League.
- Treat your coaches, your teammates, the umpires and your opponents with respect.
- No foul language is permitted.
- Take responsibility for yourself.
- Support your coaches' expectations.
- Get fit and stay fit!
- Be on time for practices and games and always do your best.
- Learn from losing as well as from winning.
- Wear all parts of the uniform you have been issued by the league with pride!

Display good sportsmanship, demonstrate a positive attitude and HAVE FUN!!

THANK YOU FOR ADHERING TO THESE EXPECTATIONS THROUGHOUT THE SEASON.

V. Accident Reporting Procedure

What to report: An incident that causes any player, manager, coach, umpire or volunteer to receive medical treatment and/or first aide must be reported to the Safety Officer.

When to report: All incidents that require medical treatment must be reported to the Safety Officer within forty-eight hours of the incident. The current Safety Officer is James Kemm, and he can be reached at the following numbers:

Day Phone: 717-648-0884
Cell Phone: 717-648-0884
Evening Phone: 610-296-9499
E-Mail: jkemm@comcast.net

How to report: Incidents can be reported by telephone or e-mail. At a minimum, the following information must be provided:

- The name and phone number of the individual involved.
- The date, time and location of the incident.
- As detailed a description of the incident as possible.
- The preliminary estimation of the extent of any injuries.
- The name and phone number of the person reporting the incident.

Safety Officer's Responsibilities: Within forty-eight hours of receiving the incident report, the Safety Officer will contact the injured party or the parties' parents and

1. Verify the information received;
2. Obtain any other information deemed necessary;
3. Check on the status of the injured party;
4. In the event that the injured party requires other medical treatment (i.e., emergency room visit, doctor visit, etc.) the Safety Officer will advise the parent or guardian of the Devon-Strafford Little League's insurance coverages and the provisions for submitting any claims; and
5. Complete a liability claim form and telephone notice of an injury to Little League Incorporated.

If the extent of the injuries are more than minor in nature, the Safety Officer shall periodically call the injured party to (1) check on the status of any injuries, and (2) to check if any other assistance is necessary in areas such as submission of insurance forms, etc. until such time as the incident is considered "closed" (i.e., no further claims are expected and/or the individual is participating in the league again).

VI. Attachments

- **Insurance Information:**

<http://www.littleleague.org/Asset161580.aspx>

http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimForm.pdf

http://www.littleleague.org/assets/forms_pubs/asap/accidentnotifytrackchartis.pdf

http://www.littleleague.org/Assets/forms_pubs/asap/WhatParentsShouldKnow.pdf

- **Medical Release Forms:**

http://www.littleleague.org/assets/forms_pubs/asap/medical_release_form.pdf

- **Volunteer Application Forms:**

New coaches: http://www.littleleague.org/Assets/forms_pubs/volunteer-app.pdf

Returning coaches: http://www.littleleague.org/Assets/forms_pubs/returning-volunteer-app.pdf

- **ASAP Newsletter Archive:**

http://www.littleleague.org/learn/newsletters/ASAP_Newsletter.htmPA