

JV REBELBALL

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Welcome to Disney World!!

Not even an impending hurricane could dampen the boys' spirits or extinguish their excitement to play football!

Watching the JV players come out on the field hand-in-hand showing the true solidarity and brotherhood of Rebelball – it made the fans and players on the other side stop and take notice!

It was a defensive battle on a drenched gridiron. Due to a soggy field from the downpour at the start of the game and some intense hitting, there were several fumbles on both sides of the ball.

Joey Bradley had an awesome sack that resulted in a 10 yard loss. Not even a broken hand could stop Tyler Mohr – even sporting a cast he had some great tackles on defense and a couple of great runs at quarterback. Connor “The Beast” Besse contributed his regular team leading, bone crushing tackles.

Our offensive line opened up huge holes all over the field and Reid Harris took advantage of those holes moving the ball 3-5 hard fought yards at a time, Rebel style!

We had solid tackling and defense from the entire group, everyone contributed. The only score by Jensen Beach was on their single break away run.

When the scrimmage was over, the JV team sat in a group on one end of the field, icing their battle wounds, watching their varsity brothers play – their leader, Coach Jon Losh sat right in the middle of them the entire time encouraging them and celebrating their hard work. We are very lucky as parents to have someone so committed to our boys!



Following both scrimmages, the boys returned to the resort for some much needed R&R in the pool. All the players were having a blast in the pool with chicken fights and dunking - there was no way to control all the chatter and laughing. Who would've thought that the 84 pizzas that they ordered wouldn't be enough to feed the hungry troops.

One of the most special parts of the trip was seeing the respectful and polite young men that are a part of the program. We received comments from bus drivers, hotel employees, KSA Event organizers, and even guests in the parks that stopped us and told us what a fine group of young men we had! Those that were experienced with working with high school teams were truly impressed by our Rebels!

From all the players and parents, THANK YOU to all the coaches for making this an experience that will never be forgotten!



Coach's Corner

Meet the JV Coaches:

Jon Losh, Head JV Coach

Jon Losh is a proud Columbine graduate from the class of 2000. He played football for UNC for five years. This is his 5th year coaching football & first year with the Rebels. He is married to Lianne and has two boys, 14 year old Austin & 1 ½ year old Jaxon. When Coach Losh has some spare time, he enjoys playing basketball.

Tony Antonio, JV Assistant Coach

This is Coach Antonio's 16th season with Columbine. Coach Antonio will be coaching defensive backs & wide receivers this year. He is married to Colleen has two children & 4 grandchildren. He is an accomplished drummer.

Andrew Conant, JV Assistant Coach

Coach Conant was born & raised in Littleton & graduated CHS in 2001. He will be coaching JV running backs & defensive backs. He is married to Amber & has a 2 year old, Aubrey, & another child due in December. Coach Conant currently runs a remodel company called C3 Construction. He is also working on his Masters in Secondary Education and will start student teaching at Columbine in January 2012.

"To succeed, you need to find something to hold on to, something to motivate you, something to inspire you."

Tony Dorsett

John Davis, JV Assistant Coach

Coach Davis graduated from Columbine in 1997. John is in his 5th year as an Offensive coordinator and Linebacker coach for the JV team. He is excited to see all of these young men continue to grow and develop on the field and in the classroom.

Jacob Smith, JV Assistant Coach

Coach Smith graduated Columbine in 2006. He was a part of the 2002 State Championship football team. This is his 2nd year coaching. He played football for Montana State University-Northern & was a 4 year starter. Coach Smith will be coaching the JV Offensive/Defensive Line.

Tanner Rogers, JV Assistant Coach

Coach Rogers graduated CHS in 2003. He played football, baseball, & basketball. Coach Rogers was a 1st team All-Conference/ All-State selection for 2 years in football & baseball. After CHS, he was drafted in the 8th round by the Florida Marlins & played 6 seasons. Coach Rogers will start his 2nd season coaching JV QBs & Defensive Backs.

Football Nutrition.....**Hydration Tips**

Drink 14-22 oz two hours before exercise

Drink 6-12 oz every 15-20 minutes during exercise.

Drink on a schedule, rather than relying on thirst.

Drink during training as well as competition.

Consume fluids that contain 10-18 gm of carbohydrates per 8 oz during exercise that lasts longer than 45-50 minutes or is intense.

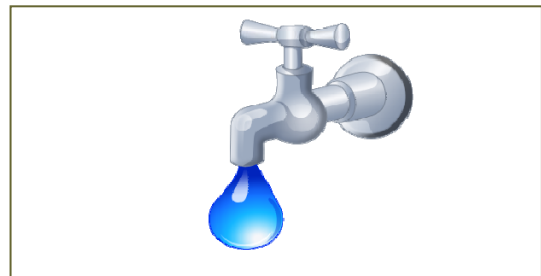
Check the volume, color, and odor of your urine to test your hydration status. If your urine is of a small volume, dark yellow in color, and has a

strong odor, you may be dehydrated.

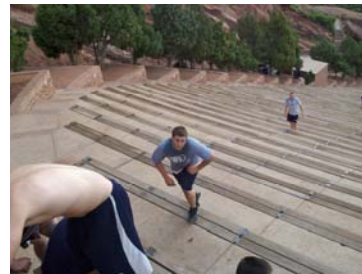
Drink water all day long during classes.

Causes of Muscle Cramps: dehydration; lack of calcium; lack of potassium; lack of sodium; and/or lack of magnesium.

Don't forget to drink plenty of water and eat a balanced diet!

**SUMMERTIME!!!**

I know for a lot of the players, their summer break was filled with football camps, speed and weight training, meeting up at Red Rocks to enjoy a brisk run (and jumps, and hops and lots of sweat!) and a few of the boys got to join the Varsity Hogs at the Hog Challenge at Englewood H.S. in June. Conner Besse, Zack Jacobs, Dillon Reno, Tyler Wilson, Cade Fabela and Jacen White were the lucky JV participants. Only one other school allowed JV players to participate; the rest were all V players. To say the least, our JV boys made us all proud with their success at this event! Congratulations boys!!



JV ROSTER

2	Chad	Castle
3	Jacob	Jackson
4	Tyler	Mohr
5	Tristan	Storm
9	Riley	Coffey
11	Jeremy	Aparicio
13	Tyler	Goodwin
15	Alex	Stieber
18	Landen	DeLozier
21	Tanner	Degutis
22	Austin	Miller
23	Tony	Hodnett
24	Larry	Munson
25	Tyler	Linnebur
27	Mikkel	Blomeyer
28	Nick	Moye
29	Matt	Marzullo
31	Jake	Abeyta
33	Reid	Harris
34	Bryce	Ramirez
40	Nick	Mello
44	Justin	Bane
45	Joey	Bradley
46	Kyle	Lopez
48	Tyler	Snyder
50	Tylor	Padgett
51	Karl	Breidenbach
53	Domonic	Ozello
54	Garrett	Hammers

57	Jacen	White
58	Connor	Besse
60	Paul	Winckler
62	Jack	Anderson
63	Dillon	Reno
64	Kyler	Elliott
68	Zack	Jacobs
72	Sam	Butler
73	Tyler	Davis
74	Marcos	Rodriguez
75	Tyler	Wilson
76	Joey	Bustam
77	Cade	Fabela
78	Asa	Panchal
79	Stas	Kulvinskas
81	Anthony	Fitzsimmons
82	Trevor	Woods
88	Matthew	Slishinsky
	Nick	Vanderort

“Football is a great deal like life in that it teaches that work, sacrifice, perseverance, competitive drive, selflessness and respect for authority is the price that each and every one of us must pay to achieve any goal that is worthwhile.” Vince Lombardi

CALENDAR OF UPCOMING GAMES

SEPT. 3

THOMAS JEFFERSON H.S.
11:30 AM

SEPT. 9

ROCKY MOUNTAIN H.S.
4:00 PM

SEPT. 16

COLUMBINE H.S.
4:00 PM

SEPT. 23

POUDRE H.S.
1:30 PM

OCT. 1

CHATFIELD H.S.
10:00 AM

OCT. 6

HERITAGE H.S.
4:00 PM

OCT. 15

ARAPAHOE H.S.
9:00 AM

OCT. 22

COLUMBINE H.S.
2:00 PM

OCT. 29

MULLEN H.S.
4:00 PM

UPCOMING SNACKS & DRINKS

Sept. 3 Game:

Drinks: Coffey & DeLozier

Snacks: Breidenbach & Munson

Sept. 9th Game:

Drinks: Panchal & Fitzsimmons

Snacks: Munson & Reno

Sept. 16 Game:

Drinks: Reno & Winckler

Snacks: Jackson & Sheppard

We still need volunteers to fill one or more spots for the following games:

Sept. 23; Oct. 1; Oct. 15; Oct. 22; and Oct. 29.

If you can please help on one of these days, please email Michele Reno @ mreno@ringlerassociates.com.