

## 2017 GIRLS' LACROSSE – WSLA YOUTH RULES SUMMARY

Category	WSLA U11	WSLA U13	WSLA U15
<b>Players</b>	8v8 (7 Field + Goalkeeper)	12v12	12v12
<b>Field Size</b>	Half-field	Full-field	Full-field
<b>Field Lines</b>	Goal Circle + 8M Arc	Regulation field lines	Regulation field lines
<b>Coaches</b>	Remain on sideline in coaching area	Remain on sideline in coaching area	Remain on sideline in coaching area
<b>Length of Game</b>	2 – 20 minute halves / Running Time / 5 Minute halftime	2 – 20 minute halves / Running Time / 5 Minute halftime	2 – 25 minute halves / Running Time / 5 Minute halftime / Teams have option of stopping clock during last 2 minutes of each half.
<b>Overtime</b>	No Overtime	No Overtime	No Overtime
<b>Timeouts</b>	No Team Timeouts	1 Team Timeout	1 Team Timeout
<b>Stick</b>	Regulation stick / Modified pocket allowed	Regulation stick	Regulation stick
<b>Score</b>	Score can be kept	Score is kept	Score is kept
<b>Draw</b>	Draw at beginning of each half / 1 Player at Center + 3 at on 8M Line at each end of Field for each Team	Regulation draw procedures	Regulation draw procedures
<b>After Goal</b>	Free position at center for Team that was scored upon / 1 Player at Center + 3 at 8M Line at each end of Field	Regulation draw procedures / Mercy rule if Team ahead by 4 or more points	Regulation draw procedures / No mercy rule
<b>Checking</b>	No checking	No checking	Modified checking
<b>1 v 1 Defense</b>	Must play 1v1 defense	Not Applicable	Not Applicable
<b>Pass Rule</b>	2 attempted passes required before shot is made	1 attempted pass required before shot is made	No required passing rule
<b>3-Seconds Closely Guarded</b>	3-Seconds closely guarded rule applies	3-Seconds closely guarded rule applies	3-Seconds closely guarded rule applies
<b>Ground Balls</b>	No ground ball restrictions except kicking of ball <u>not</u> allowed	No ground ball restrictions / Safe kicking of ball allowed	No ground ball restrictions / Safe kicking of ball allowed
<b>Cover Rule</b>	No covering ball at any time	No covering ball when opponent within playing distance	No covering ball when opponent within playing distance
<b>Offsides</b>	No Restraining Lines / No offsides	Regulation offside procedures	Regulation offside procedures
<b>Contact</b>	No intentional stick or body contact allowed	No intentional stick or body contact allowed / NO modified checking allowed	Body contact that does not displace or disadvantage opponent allowed / Modified checking allowed
<b>Penalty Administration</b>	Regulation penalty administration + Indirect free-position for major & minor fouls	Regulation penalty administration for major & minor fouls	Regulation penalty administration for major & minor fouls
<b>Cards</b>	Team substitutes for carded player and does not play short	Team plays short	Team plays short