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2017 HIGH SCHOOL LEAGUE RULES

Last Update: 9/15/2017

- Two **20** minute halves; teams change field direction for the 2nd half.
- Halftime for games at Omni = 5 minutes; at Lake Mary Fields = 3 minutes
- Running time, officials will start and end the game on their own clock.
- Penalty time kept by officials on the field and is running time, beginning with the re-start of play.
 - Technical Fouls – 45 seconds
 - Personal Fouls – 90+ seconds
- Timeouts: at Omni – One 60 second timeout per team per half – clock will stop; at Lake Mary Fields – No timeouts permitted.
- All National Federation High School Rules are in effect, including those adopted in August 2018.
- Games can end in a tie; no overtime will be played.

