

South Charlotte T-ball Guidelines

Goal:

To provide quality instruction and to promote the game of baseball. The focus of T-Ball should be to teach the game of baseball in a fun environment for the kids. The focal points of our program are to instill good fundamentals, learn team work, good sportsmanship, and most importantly to have fun playing baseball.

The main objective is for the children to have fun!!!

Games/Practices:

There should be 2 practices/games per week. There will be (1) during the week and (1) on Saturday. Once the season starts, you can choose not to practice. Most fields will have games scheduled once the season starts so your scheduled practice field may not be available.

Rules:

Home team provides the Tee.

Batter and all base runners must wear a helmet.

All pitches must be overhand flat pitches. The coach does not have to be standing and provide a full wind up pitch. They can be on a knee in order to deliver the pitch at the same level as the batter.

The batter will get four hittable pitches.

After four hittable pitches the batter must use the Tee to keep the game moving.

Coaches who need help in pitching (throwing strikes) may ask another coach (on the same team) or parent for assistance.

There are no strike outs.

Each team will bat the entire batting order.

If an out is made the player must leave the field of play.

A hit to the infield, batter and base runner advance one base.

A hit through the outfield, the batter and base runner may advance two bases.

A fair ball must go at least 5' from home plate. There should be an arc to mark the 5' distance.

If a ball hits the pitching coach the ball is dead and the batter and base runners advance one base.

Games are to be 1 hour in length or 5 innings, which ever happens first.

No one is to sit the bench at all. All players are to play the field and bat.

Coaches are to use a different batting order each game. Coaches are not to have the same kids batting at the bottom of the order every game. The last batter of the inning hits a home run.

No more than 5 players in the infield. There is no catcher. The catcher's position will be fielded by an adult. In the event of a play at home base the pitcher (child not coach) will cover home plate and attempt to make an out. There is to be a pitchers circle drawn in the middle of the infield. The pitcher must be within this circle at the start of each attempted swing. No player may play the outfield more than 1 inning in a row. Coaches are to rotate all kids to each position if possible.

On any defensive play the kids are to throw over hand, unless the proximity of the players necessitates an under hand throw.

Coaches:

Coaches are allowed to be on the field during defense in order to instruct.

All coaches are to behave in an appropriate manner. Please remember these are 4&5 year-old children.