



Jen Sward

Cascade Volleyball Club

Coaching Experience

Cascade Volleyball Club - Co-Head Coach U-16 Red (2009-10)
Cascade Volleyball Club - Co-Head Coach U-16 Red (2008-09)
Cascade Volleyball Club - Co-Head Coach U-15-2 Red (2007-08)
Cascade Volleyball Club - Assistant Coach U-18 (2006-07)
North West Juniors - Asst Coach U-14 Blue (2004-2005)
Sand Doubles - Coach (2005-current)

Training

Gold Medal Squared Certified
Impact Certified
Cascade Coaching Clinics for all skills 2007 & 2008
Other – First Aid/CPR; USAV Ref Clinic, USAV Scorekeeping Clinic
Sand Doubles Clinics

Playing Experience

USAV Women's, 2002 - Current, Middle/Outside Hitter, A/BB
Sand Doubles, 1995 - Current, A/BB
Sand Fours, 2003 - Current, A/BB
Grass Doubles/Fours, 1989 - Current
Co-ed 6, AA/A/BB Leagues, 1986 - Current, MH/OH
Women's 6s Leagues, 1989 - Current, MH
UC Davis (intramural), 1980-1985, OH

Education

University of California, Davis
Bachelor of Science, Electrical Engineering and Computer Science