



## **Richard Staudt**

Cascade Volleyball Club

### **Coaching Experience**

Cascade Volleyball Club

- U15-1 Co-Head Coach, 2016-2017
- U14-2 Co-Head Coach, 2015-2016
- U14-1 Assistant Coach, 2014-15

Franklin High School – JVC Head Coach 2016, 2017

West Seattle High School - JVC Assistant Coach, 2015

### **Training**

USAV IMPACT Certified Coach, 2013

USAV CAP1 Accreditation, 2014

Gold Medal Squared Clinic, June 2015

NFHS Level 1: Accredited Interscholastic Volleyball Coach, August 2015

NFHS Level 2: Certified Interscholastic Coach, May 2, 2016.

SafeSport

Positive Coaching Alliance

### **Playing Experience**

30 years of playing experience at high school, club, and adult rec levels

### **Philosophy**

I coach because I love sharing in the growth that comes through team sports. I view the volleyball court as a safe laboratory for learning many lessons.

Working together as a team, facing adversity, honoring commitments, learning from mistakes and putting forth our best effort every day are skills important to success in the game of volleyball, but they are critical to success in life off the court.

Our players will be held to high standards of hustle, teamwork and sportsmanship. We expect them to embrace mistakes – their own, their teammates' and their coaches' – as part of the learning process.

As coaches, we will strive to provide clear, specific and actionable suggestions for players' growth in both technical and tactical skills. Our goal is to help them understand the "why" of the game as much as the "how". We will do our best to maintain a relentlessly positive approach and to ensure that we never take ourselves or the game so seriously that our time together ceases to be fun!