



Andrew Kwatinetz

Cascade Volleyball Club

Coaching Experience

Cascade Volleyball Club

- Head Coach U12-1 – 2015-2016
- Mentor Coach U15 - 2013-14
- Co-Head Coach U14 - 2012-13
- Co-Head Coach U14 - 2011-12 (PSR Champions, #1 in Power League)
- Co-Head Coach U13 - 2010-11
- Cascade Volleyball Club – Assistant Coach U12 – 2009-2010

Miller Community Center Volleyball U12 – 2009

Cascade Volleyball Club - Assistant Coach U14 Blue – 2008-2009

Meadowbrook Community Center Volleyball U14 – 2008

Montlake Community Center Volleyball U12 – 2005

Plus 8 years of coaching girls' soccer and basketball

Training

Gold Medal Squared – 2008, 2010

CPR/AED and First Aid - 2010

USAV IMPACT Certified - 2008

Cascade Coaches Clinics - 2008, 2009

Playing Experience

University of Pennsylvania (Class of 1989)

· Men's Varsity – Middle Hitter, Coached by [Joe Sagula](#)

· Also 3 years of Cross Country and Track

Over 15 years of play, both competitive (USAV) and recreational

Coaching Philosophy

I'm a big fan of the Gold Medal Squared system used by Jim McLaughlin (UW) and other NCAA championship and Olympic Gold Medal coaches. Jim is a fantastic role model for coaches in the region: always prepared, a student of the details, teaches the players to understand the game and think for themselves, and every player has a fair opportunity to earn playing time through hard work at practice.

Education

University of Pennsylvania, B.S. in Computer Science, 1989