



Lincoln-Way Community High School East

Summer Camp Information:

Registration is **all** on-line through 8 to 18. Please visit <https://il.8to18.com/lwe>

Participation in athletic conditioning and camps carry with it certain risks. There is a risk of injury and illness (such as influenza and COVID-19) to your child from the activities involved that can be significant. By signing up for our camps you hereby authorize the directors of the Lincoln-Way conditioning and summer camps to act for you according to their best judgment in any emergency requiring medical attention.

IHSA Stage 2 – Return to Play Precautions

Prioritizing the health and safety of all students and staff must remain the focus of each IHSA member school. These requirements must be followed when conducting camps on the campus of Lincoln-Way East in order to be in compliance with IHSA and IDPH:

- No spectators or any other groups are allowed in the area before, during, or immediately after the camps. This is including any family members. Parents can only drop off and pick up.
- Participants will be monitored at start of practice for temperature $>100.4F/37C$ or symptoms of COVID-19 (see Monitoring Form for symptoms) If symptoms are present they should not participate and be referred to a physician for evaluation & testing.
- Participants must fill out the Monitoring Form on a daily basis. Please print form daily and submit to coach upon arrival for temperature check. All columns must be filled out by the participant/parent, except the Temperature column. Coaches will check temperatures upon participant's arrival.
- Coaches will maintain a daily record of athletes participating, and symptoms they may present. But it is up to the camp participant to bring the form filled out on a daily basis.
- Unless specifically communicated differently by the coach of the camp, participants should be dropped off by the north gate/concession stand of the stadium (for outdoor camps*) and Door 31 (for indoor camps). Pick-up should be at the South Gate of the Stadium (for outdoor camps) and Door 31 (for indoor camps).
*Baseball Camp pick-up and drop-off will be by the Varsity Baseball Field.
- Maintain social distance by being 6 feet apart as much as possible outside of actual camp drills. Masks shall be worn when social distance cannot be maintained.
- Players shall bring their own water bottle, shoes, and towels. No sharing between participants. The use of locker rooms, shared water coolers with cups, and water fountains will be prohibited during this stage.
- Shared equipment such as athletic balls, thud pads, sleds should be cleaned frequently during camp.
- Individuals should sanitize or wash their hands for a minimum of 20 seconds with warm water and soap before any workout.
- No handshakes, high fives, fist bumps, hugs, etc can occur. No spitting or blowing of nose without tissue is allowed. Uncut shirts must be worn at all time.
- Camp participants should not congregate before or after camps. Prompt pick-up for any participant requiring a ride is necessary.

Dr. R. Scott Tingley
Superintendent
815.464.2130

Dr. Sharon Michalak
Principal
815.464.4130

Dr. Joseph Skarbek
Associate Principal
815.3464.4234

Mr. Mark Vander Kooi
Athletic Director
815.464.4138

Ms. Jeanne Schaefer
PPS Director
815.464.4155

Lincoln-Way
Community High
Schools are committed
to providing the
experiences and
opportunities
necessary to maximize
the academic and
social growth of
all students.

Youth Football Summer Camp Schedule 2020

Coach: Rob Zvonar & Football Staff
rzvonar@lw210.org

Register on-line at <https://il.8to18.com/lwe> by 2020-21 Year in School
**This year registration will be done Grade Level.

July 20- July 23

CAMP REGISTRATION NAME

2 nd Grade	9:15 am- 10:45 am	FOOTBALL YOUTH CAMP GRADE 2
3 rd Grade	9:00 am- 10:30 am	FOOTBALL YOUTH CAMP GRADE 3
4 th Grade	9:00 am- 10:30 am	FOOTBALL YOUTH CAMP GRADE 4
5 th Grade	8:15 am- 10-15 am	FOOTBALL YOUTH CAMP GRADE 5
6 th Grade	8:15 am- 10:15 am	FOOTBALL YOUTH CAMP GRADE 6
7 th Grade	8:00 am- 10:00 am	FOOTBALL YOUTH CAMP GRADE 7
8 th Grade	8:00 am- 10:00 am	FOOTBALL YOUTH CAMP GRADE 8

****All Campers will meet at the North Concession Stand.**

****Please make sure to have the Covid 19 Temperature form filled out on a daily basis**

Camp Cost: \$80.00/Level



Freshman Football Summer Camp Schedule 2020

Coach: Jack Eddy
jeddy@lw210.org

Register on-line at <https://il.8to18.com/lwe> by 2020-21 Year in School

**This year registration will be done by last name.

Football Freshman Team Camp 2020 A-M
Football Freshman Team Camp 2020 N-Z

Monday-July 13	12:30-3:30pm	Stadium
Tuesday July 14	1:00-4:00pm	Stadium
Wednesday July 15	12:30-3:30pm	Stadium
Thursday July 16	1:00-4:00pm	Stadium
Monday- July 20	12:30-3:30pm	Stadium
Tuesday July 21	12:30-3:30pm	Stadium
Wednesday July 22	12:30-3:30pm	Stadium
Thursday July 23	12:30-3:30pm	Stadium

Summer Program Cost: \$110.00

Freshman Conditioning/Skill Work

Date: Monday, Wednesday, Friday

July 6, 8, 10 **Time:** 12:30pm-2:30pm

July 27, 29, 31 **Time:** 12:30pm-2:30pm

Season Begins: Monday, August 10th

Time: 8:00am-2:00PM

Meet at Stadium

Football shoes are mandatory

Please bring a pair of gym shoes (rain) and your own water.

