

## IPSWICH YOUTH LACROSSE: PLAYER CODE OF CONDUCT

The Ipswich Youth Lacrosse Organization requires that all players and participants in its activities sign and abide by this Player Code of Conduct as a condition of their participation in the program. The purpose is to ensure a fun, safe, respectful, and “team-first” environment that promotes the Organization’s overarching goal of positive character development. First and foremost, we strive to make each of our players better people through five core principles: (1) **Respect**, (2) **Accountability**, (3) **Selflessness**, (4) **Positivity**, and (5) **Citizenship**.

### What are the Rules?

The point of this Code is simple: We expect all participants to treat players, coaches, officials, and everyone else with respect, both on and off the field. This means you agree that:

1. I am participating to have fun and to learn the game of lacrosse.
2. I will make every reasonable effort to attend and participate in my team’s regularly-scheduled practices and games.
3. I will not engage in any unsportsmanlike conduct with any official, coach, player, or parent, like booing or taunting, refusing to shake hands, or using profanity in language or gesture.
4. I will not ridicule, demean, or criticize my team, teammates, coaches, or officials for making an error or losing a competition, whether at practice, in games, or in any other environment, including school, social events, etc. I will strive to give only positive encouragement to all teammates and players, especially those who are new to the game of lacrosse.
5. I will not encourage or participate in any behavior that will endanger the health, safety, or well-being of any teammates or participants, including hostility, name-calling, bullying, or physical violence.
6. I understand that IYL is free from drugs, tobacco, alcohol, and “vape” products, and I will refrain from their use at all times while involved in its activities or representing it in any way.

### What happens if I break the Rules?

If you follow the rules by treating everyone with respect, like we know almost all of you will, there’s nothing to worry about. If you don’t, there will be consequences. First off, **we have a zero tolerance policy for drugs, tobacco, alcohol, and vaping, so breaking Rule #6 will get you automatically dismissed from IYL for the rest of the season.** For other behavior, the punishments will depend on the type of rule you broke:

1. Non-physical conduct (name-calling, taunting, swearing, etc.). First offense: verbal warning; Second offense: notice to parent/guardian; Third offense: suspension from practices and/or games; Fourth offense+: multi-game suspension.
2. Physical conduct (pushing, shoving, fighting, etc.). First offense: suspension from practices and/or games; Second offense: multi-game suspension; Third offense: suspension from IYL for rest of current season, or permanently depending on severity of offense.
3. Ejection from game by Official: Where a player is kicked out of a game by the Official for any reason, the player will receive an automatic one-week suspension from all IYL games (i.e., both Town and Select games).

**Note: These penalties are a “floor,” not a “ceiling.” IYL can impose stricter penalties based on the severity of the offense, and our governing leagues may enforce their own separate codes of conduct by handing out additional punishments on top of the penalties imposed by IYL.**

**ACKNOWLEDGEMENT:**

**I have read and understand this IYL Player Code of Conduct. I agree to follow its rules and guidelines, and I understand the consequences for behavior that violates those rules and guidelines.**

**Player Name (print):** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_