



Wenatchee Fire Select/Premier Parent/Player Contract

COMMITMENT:

- The terms "Select" soccer and "Premier" soccer are often used interchangeably, although there is a difference in the terms. Our Club has both Premier Soccer and Select Soccer programs. Both are selected through a tryout selection process. All players participate in the selection process to determine if they possess the athleticism and skill set necessary to compete at a higher level of play. Tryouts for all ages are free and are conducted by a neutral set of evaluators. Players are rated on individual skill sets, tactical awareness, technical execution, communication, attitude and athleticism. Players are then selected and placed on a Select or Premier team based on their ratings. Tryouts are held annually and all players must try out in order to be selected. After being selected, a player may then register to play for the team. The individual registration fee for a Wenatchee Fire FC player is currently \$100 plus \$25.00 per month for up to 12 consecutive months. This fee is non-refundable and covers the cost of registration with the State or US Club, insurance, administrative, league, referee, and other fees.

Select:

- Select Soccer has 3 levels (Umbro, Reebok, and Adidas) of competitive youth soccer for U11-U18 players. The Club expectation for "Select" is that soccer is your primary sport during the soccer (Fall) season.
- After registration, select teams begin training for preseason tournament play over the summer and the start of league play which begins the first weekend after Labor Day and usually ends the last weekend in October. There are 10 games during league play, half of which are played at home, the other half are played away. Away games can be played anywhere in District 6. Likely destinations include Spokane, Cheney, Walla Walla, Moses Lake, Tri-Cities, Ephrata, and Pullman. Teams are encouraged to play in one of two State Tournaments, Fred Meyer Commissioners Cup or the Challenge Cup, both open for Select team participation.
- There is also a Spring League in which each team is encouraged to participate. The Spring League typically begins in March and concludes by Memorial Day weekend.

Premier:

- Premier soccer is the next competitive levels of youth soccer after Select. Premier teams play State-wide, play within the Washington State Leagues or US Club Leagues and may practice year round. Teams generally start practicing soon after team selection and generally attend 3 to 4 summer tournaments which may be local or out-of-state (tournaments are typically 3 to 4 days long over a weekend).
- Premier league play consists of a 10 to 12 game season that runs from the first weekend after Labor Day and into November. Premier teams can train indoors during the winter months and typically participate in the State Champions Cup, Challenge Cup, or Washington Cup the following spring.
- Premier play is open to all teams that qualify through early registration at U13 and by a State placement system. US Club Soccer PSPL is open to U11 and older teams.
- During some months of the year it is understood that players may have other sports activities scheduled. During Cup play and league seasons, coaches will expect players to be committed to their soccer team practices and games. A Spring season is also available for Premier teams.

FINANCIAL RESPONSIBILITY:

- Each player is responsible for their registration fee, currently \$100 plus \$25.00 a month per player for up to 12 consecutive months for Select and for Premier. This \$100.00 is due in the spring once a player has completed the tryout process and has been notified that he/she was selected for a team.
- There are additional costs associated with the sport. Each player is responsible for the travel costs to tournaments and games. Our Premier teams travel throughout the State on away game weekends whereas the Select teams travel within District 6. Some games at longer distances from Wenatchee may require overnight stays.
- Each player is required to purchase a new uniform kit through the Club that may include, and is not limited to, a home and away jersey, socks, training suit, backpack, etc. They are also responsible for providing personal gear such as shoes, shin guards, a ball etc. Other items are at the discretion of each team. Teams are required to only have numbers on jerseys, player names are at the discretion of each team. Players and parents are strongly encouraged to organize fundraisers and carpools to minimize travel costs.

PARENT RESPONSIBILITY:

- Attend and support your athlete in as many matches as possible.
- Drop off and pick up your child on time from practices and games. Arrive at the field 1 hour prior to scheduled game times. Be willing to share in car pooling for away competitions.
- The second to last parent must stay at the end of practice/game until the final player is picked up. This is for the coaches' and your child's protection.
- Communication. Inform the coach if your child is unable to attend a practice or game. Check email frequently as this is the preferred method of team communication. If a problem develops address the coach at a proper time and location.
- Support the team, not just your child. While positively supporting your child, also give encouragement to the entire team. Always be positive and uplifting regarding comments you make to your athlete.
- Sportsmanship. Cheer good play by both teams. Be positive towards opposing teams and referees. Taunting and excessive celebration will not be tolerated. The coach is held responsible for your behavior. If you don't feel like you can control yourself leave the field in a respectful manner. Any parent or fan who behaves in an inappropriate way will be required to leave.
- Let the players play. Avoid yelling instructions to the players from the sidelines.
- Let the coaches coach. Coaches require the player's attention before game time, at half time and briefly after the game. Avoid negative "car talk" after the game.
- Let the referee ref. Any comments other than positive directed toward a referee will NOT be tolerated.
- Parents and players are required to volunteer at our Apple Cup tournament. The Apple Cup tournament is hosted by our Club and is held the second full weekend in October. This tournament is the primary fundraiser for the Wenatchee Fire FC. Tournament proceeds go toward equipment such as goals, nets, flags, striping of fields, field maintenance and use, league fees, referee fees, administrative costs, coaching education, and trainers.
- Volunteer for team management. Parents shall be available to help with various duties on their specific team. Such team positions include but are not limited to, Team Manager, Treasurer, Equipment Manager, Travel Coordinator, Fund Raising Manager, and Team Representative.

PLAYER RESPONSIBILITY:

- Required equipment:
 - appropriate size ball—bring to all practices and games
 - cleats, shin guards, socks worn outside your shin guards
 - clothing appropriate for training and weather conditions
 - enough water/sports drink for practice and games
- Arrive to practice and games on time and ready to participate.
- Remove all jewelry including rings, necklaces, bracelets, watches etc. before coming to practice and games. Girls must use only soft elastic bands or scrunchies to put up their hair. No hard hair clips.
- Be responsible for yourself, your gear, and your playing time. Be aware of inappropriate dress and behavior while representing your team.
- Be coachable. Be attentive at practice and games to maximize your soccer training. Take criticism and use it to your advantage.

- Communicate openly with coaches and teammates. If you don't understand a coach's instruction, ask for more information. Do not let disagreements with teammates continue.
- Respect your coaches, your teammates, parent drivers and chaperones, your opponent and referees. Win gracefully, not boastfully. Lose without being negative.
- Practice before practice. One of the best ways to increase your soccer skills is with your ball at your home. Touches with the ball away from practice and games will make you a much better soccer player. Required at home training is 2000 touches per week.
- Humility, unselfishness. Play both sides of the ball making unselfish runs, distribute, and communicate intelligent information to teammates.
- Teamwork/chemistry. The best players make other players better, if not; they are not the best players. Inspire your teammates to play at a higher level.

COACH'S RESPONSIBILITY:

- Maintain a consistent coaching philosophy.
- Role model. Fairness, honesty and integrity. Lead by example.
- Respect your players and parents as well opponents and referees. Strive to develop positive relationships with each player and parent.
- Have a current RMA (Risk Management Application) on file with the state for yourself, asst. coaches, managers, money handlers, team medical help and anyone working closely with the players. Go to <http://www.wsysa.com/Programs/RiskManagement/tabid/93/Default.aspx> to complete an application.
- Be aware of player safety and provide a proper training environment.
- Communication. Communicate openly and effectively with players and parents. Be approachable for any questions or concerns. Team communication will primarily be via email so that everyone receives identical information.
- Leadership. Be prepared and on time for practices and games. Share in success, take blame for failure.
- Player assessment. Evaluate players to assist them in areas to focus training. Can be oral or written with parent involvement encouraged.
- Remain active in the soccer community and strive to keep current on developing trends and programs.

TEAM POLICY-

Attendance:

- All athletes are required to make every scheduled practice excluding absences for verifiable illness or pre-arranged absences for family activities, etc. Parents or athletes are expected to notify the coach regarding an absence via phone or email prior to the missed practice/game in a reasonable and timely manner.
- Any athlete with 1 unexcused absence from practice will have limited playing time or may be prohibited from participating in the next scheduled competition. Any athlete with 4 or more unexcused absences from practice or games shall be subject to removal from the team. Any athlete with 4 or more excused absences in any given month will be subject to possible disciplinary measures at the discretion of the coaching staff and the Wenatchee Fire DOC.

Practice Guidelines:

- All athletes are expected to be in complete soccer attire and ready to begin practice by the announced practice time.
- All athletes will share responsibility for set up and picking up equipment and garbage after practices and games.
- All athletes will be responsible for purchasing and wearing their own equipment for practice.
- Listen to your coach. Any disrespectful attitude will not be tolerated. When the coach talks, all action including talking and ball movement stops.
- Bad language and any other unsportsmanlike behavior will not be tolerated at any time.
- Practice hard. Athletes are expected to give 100% effort and attention during all practices. Athletes must support their teammates on and off the field.

Competition Guidelines:

- All athletes will be responsible for suiting up in complete and clean team attire for every match.
- All athletes will stay with the team in the designated team area during the competition.
- All athletes on the bench during competition will be responsible for assessing specific strengths and weaknesses of play on the pitch and prepare themselves for their substitution into the match.
- The coaching staff shall determine which athletes will compete during any given match based on his/her strategy, tactics, and personnel assessments. Athletes and parents are expected to support

their coaching staff and team in all such decisions. Starting line up, substitutions and playing time will be determined by the coaching staff. Playing time will NOT be equal amongst players.

- ☒ Proper rest and sleep are vital to peak performance. Athletes will adhere to curfew times given by coaching staff. Sleepovers are prohibited prior to all games, unless rides are being provided for early morning games. Your ability to play at your best affects your entire team.
- ☒ Any guest play for any other team shall be prior approved by the coach. The coach reserves the right to deny a request for guest play. WYS rules clearly state that you must have written permission from the guest player's team manager or coach before putting them on a roster as a guest player.

Travel Guidelines:

- ☒ All athletes will conduct themselves in a quiet manner, respecting all the rules of their driver while traveling.
- ☒ CD/DVD players, iPods, etc. must be used with headphones only, unless otherwise decided by the driver. Cell phone use shall not be distracting to the driver or other chaperones.
- ☒ All athletes not traveling with their parents must travel to and from an away game in the same vehicle, unless otherwise approved by the coaching staff and/or parent of player.
- ☒ All athletes are responsible for their own meals on road trips. Parents, if you are sending your player with someone else, please send an appropriate amount of money for food and/or other expenses.
- ☒ Athletes are responsible for cleaning up the interior of the vehicle they travel in out of courtesy to their driver.

Fundraising Guidelines:

- ☒ All athletes **AND** parents are expected to fully contribute their time and effort to help support all fundraising events scheduled by the team's fundraising manager.
- ☒ All athletes **AND** parents are responsible for the monetary value of any product that is given to them to sell.
- ☒ All monies must be turned in promptly by the deadline to the coach, manager or financial manager designated by the team.
- ☒ Teams can choose to have an 'opt out' clause if a parent chooses not to sell a product and would rather make the comparable monetary donation required by each player. The player **AND** parent however must still help and support the team with set up, advertising or any other detail required prior to, during, and after the event.
- ☒ Private and business donations may be made directly to your specific team account.

Equipment Guidelines:

- ☒ All athletes will be required to treat team and Fire training equipment with respect and proper care.
- ☒ All athletes are responsible for maintaining their personal equipment, uniform and sweats, shoes, shin guards and practice gear. All team attire shall be kept clean and worn in neat condition. If it is lost or damaged the athlete is responsible to replace it, with help in ordering from the Coach or Team Manager.
- ☒ All athletes are expected to bring and wear appropriate, supplemental clothing for inclement weather conditions.

Safety Guidelines:

- ☒ All seriously injured athletes must have a Doctor or Physical Therapist's signed release before they will be allowed to resume play.
- ☒ Discuss minor injuries with coaching staff. Seek further medical attention when necessary.
- ☒ Each team should keep a basic First Aid Kit on hand for all practice and games.
- ☒ Each team should identify any medical personnel associated with their team who would address any injury situations. Such personnel shall have a player card to allow them to be on the sidelines and entrance onto the field of play.

Nutrition Guidelines:

- ☒ All athletes should be well hydrated before practice and a match.
*10% dehydration drops performance by at least 20%
- ☒ All athletes should have a high protein/energy snack approximately 1 hour before a match, but no candy bars.
- ☒ All athletes should try to stay away from fatty and greasy foods before practice and match play.

(Updated 4/27/10)



Parent/Player Contract & Medical Release Form
2010/2011 Select/Premier Season
(ONE PLAYER PER FORM)

I, _____ (print name of parent/legal guardian) agree that I have received the "Parent/Player Contract," have read the same, and agree to all the terms and conditions set forth in this document concerning my child's responsibility/participation as a player, as well as my involvement as a parent/legal guardian of said player with the **Wenatchee Fire FC** for the 2010-2011 season.

Parent/legal guardian signature

Date

I, _____ (print name of player) agree that I have received the "Parent/Player Contract," have read the same, and agree to the terms and conditions set forth in this document concerning my responsibility/participation as a player, as well as my involvement with the **Wenatchee Fire FC** for the 2010-2011 season.

Player signature

Date

MEDICAL RELEASE

PARENT AUTHORIZATION: I hereby certify that my son or daughter is in good physical condition and can participate in all WYS and US Soccer Club activities. In the event that I cannot be reached in an emergency, I hereby give permission for the physician/person in charge selected by the Coach to secure treatment and/or hospitalize my son or daughter, and agree to be responsible for all costs of said treatment or hospitalization.

Signature: _____ Date: _____

Home Phone: _____ Cell Phone _____

**Coaches/Manager-In case of a medical emergency keep this form in team binder and available at all games and training.*