

## Match Condition Games

After completing your match related phase it is time to move on to a match condition. A match condition normally allows for even sides, 3 on 3 etc. However if you want to make a coaching point, say let the dribblers experience success, you might want to slant the sides to 3 on 2 or even 3 on 1 to start.

The key is that the match condition must emphasize the skill that you have been teaching, in this case dribbling and foot skills.

For example you could make a condition of scoring the fact that the player has to dribble through the goal.

You could make a condition where the player has to perform a move that you yell out every time a 1 v 1 situation occurs.

### **3 v 3 Footskill Match Condition**

Organization and Set Up

Set up a 30 yard by 40 yard field. Place four goals caddy corner in each of the 4 corners.

Use 1 ball. The object is to dribble through the goal under control. When you have four goals and only three players there is always one goal open.

Give extra points for a 1 v 1 move that beats a defender

