

CAMP REGISTRATION

Name _____

Address _____

City _____ State _____

Zip code _____

Phone # _____

Grade Level Next School Year _____

Youth Shirt Size: S M L

Adult Shirt Size: S M L
(please circle one)

By my signature, I attest that my child is physically fit and able to participate in the program indicated. I have full knowledge of the risks involved. In consideration of acceptance of this registration, I waive any and all rights and claims for damages we may have against North Royalton City Schools, its staff, and individuals associated with North Royalton Basketball Camps, and will hold them harmless for any and all injuries occurred.

Signature of Parent/Guardian

HOW TO REGISTER?

1. Complete this form (camp registration)
2. Send payment of \$70.00, \$120.00, or \$150.00 (checks payable to North Royalton Girls Basketball Camp) and registration form to:

**Mail registration form/fee to:
Coach Leonard
c/o Student Activities
14713 Ridge Road
North Royalton, Ohio 44133**

Walk-in registration will be available the first day of camp (June 14th) starting at 8:00 a.m.

*For more information contact the following persons:

Jamie Leonard (High School) at
582-7801 ext. 1667

Athletic Dept. (High School) at
582-7824

NORTH ROYALTON



LADY BEAR BASKETBALL CAMP 2010

5 Day Camp
8:30 a.m. - 12:00 p.m.
June 14th – 18th
Monday through Friday
at North Royalton
Middle School

The camp is available to girls who are currently in grades 4th-9th

GET EXCITED!



**IT'S TIME TO LEARN
ABOUT
BASKETBALL!**

The North Royalton Lady Bears coaching staff would like each camper to leave our camp with the following:

1. A better understanding of the fundamentals of basketball.
2. A feeling of confidence in her basketball abilities and within herself as a person.
3. The excitement and enjoyment of basketball which will inspire each camper to work hard at being the best player she can be.

**A GREAT WAY TO
START YOUR
SUMMER**

CAMP STAFF

Staff: North Royalton coaching staff and players

Where: North Royalton Middle School

Cost:

\$70.00 per girl for the 5-day camp

2 girls in the same family: \$120.00

3 or more girls in the same family:
\$150.00

Pre-registration guarantees a complementary T-shirt and basketball. **SIGN UP EARLY!!!**

What to bring: Each camper will need to wear shorts, shoes, socks, and a t-shirt.

Please **DO NOT** wear any jewelry.

**An Exciting Learning
Experience!**



ABOUT THE CAMP

The camp is five days and it will be held in the gym at North Royalton Middle School. Participants currently in grades 4-9 will be taught fundamental skills about basketball. The participants will have a chance to play 1-on-1, 3-on-3, and 5-on-5 games. Campers will also participate in a variety of shooting contests. Prizes will be given to the winners.

FUNDAMENTAL SKILLS:

Each camper will be instructed on various fundamentals that are needed to help her become a complete player. The skills that will be taught with the most emphasis are as follows:

- * Shooting
- * Dribbling
- * Passing / Receiving
- * Triple threat position
- * Pick and Roll
- * Defensive stance and footwork
- * Rebounding
- * Moving without the ball
- * Defensive positioning