



Welcome Packet

Our Mission Statement

Revolution United FC strives for excellence in the development of soccer players. Our goal is to allow players to excel in the proper environment and reach their highest potential both on a personal level and on a team level. We focus not only on having the most competitive teams for each age category, but also the most respected and organized teams.

We encourage discipline, sportsmanship, team chemistry, self-esteem and friendship.

Our goal is for these teachings to be used on the field, but just as importantly off the field and throughout life. As players join the Revolution United FC program and work to achieve their goals and dreams, we will be side by side with both player and family as they move through the different stages of this challenging sport. Our family grows as you join Revolution United FC and become part of our team.

Revolution's internal network continues to grow as it links up with other prestigious soccer groups to build one of the greatest soccer organizations in all levels. Our network consists of state of the art training facilities, professional coaching services, premier soccer teams, overseas tours, and a family of friends you can count on.

Professional Coaching

Revolution United FC benefits include excellent ex-professional players as coaches, experienced licensed coaches and coaches who have played at the college levels D2 and D1.

Our name is well known! Revolution United FC adheres to a philosophy that focuses on soccer as not just a sport, but also as a vehicle for education to help players through their lives. Revolution United FC believes that life goes beyond the wonderful game of soccer.

All of our professional coaching staff not only instructs players on how to play, but also encourage players to be respectful, to be disciplined, and to behave in a proper manner. One of our goals is to teach players to learn to work in groups and to be a team player in order to achieve success in life.

We truly understand the athlete and the importance of being trusted by them to achieve success.

We are always there for you.

Our philosophy and methodology is rooted in understanding the diversity of the game of soccer. We believe that soccer has changes and there is not only one-way to play soccer. This is why Revolution United FC focuses on an international style of cross-cultural and small sided games that range from the strong, tactical, and physical play found in Europe to the finesse and technical play found in South America.

Our professional coaches come from all over the world and have played in different settings thus enabling them to understand and properly instruct the game of soccer. From Europe to South America, Asia to Africa and the Caribbean, our coaches bring a lifetime of experience to our Premier Club.

WELCOME TO
THE OFFICIAL HOME OF



REVOLUTION UNITED FC



Excellent developmental program

2015 State Cup Champions

Quality Coaching

1) **Board Members:**

Maria Cano
Fabian Cano

2) **Administrative:**

Maria Cano
Juliana Cano

3) **Coaching Director:**

Fabian Cano

- Coaching Youth Module
- Coaching Youth Soccer – American Sport Education Program
- NSCAA level 5 Coaching Diploma
- Professional Development Certificate – NSCAA
- E License - USSF - United States Soccer Federation
- D License - USSF United States Soccer Federation
- Coaching Certificate Argentine Football Association – ATFA
- Certified First aid and CPR

4) **Current Coaches:**

- **Floyd Neil** (Trumbull High school coach, Country: Jamaica)
- **Sebastian Rojas** (All State player, All New England player)
- **Francisco Barata** (USSF B-Licensed National coach, Country: Portugal)
- **Pedro Oliveira** (Former Notre Dame Fairfield Girls Varsity Soccer Head coach, NSCASA HS diploma, CJSA 'E' State License and Youth Module, speaks English, Portuguese and Spanish Country: Brazil)
- **Stephen Berecz** (Andrew Warde HS -1st Team All-FCIAC-1981, Gettysburg College, Trumbull HS Boys Assistant Varsity/Goalkeeper Specialist 1987-2004, Fairfield Ludlowe Girls Assistant Varsity/Goalkeeper Specialist 2005-2011)
- **Andrew Henry** (St John's University D1 College, USSF National "E" License, Country: Jamaica)
- **Max Cano- Assistant Coach-** (Notra Dame HS 2014-2016- Varsity Soccer Team Captain, USSF National "E" License, Country/Languages: Colombia/Spanish.



One year commitment Fees:

Developmental Teams U8, U9, U10 and 11's Season Fees Include:

AGE GROUP	Season	Annual Fee	Deposit Due Date	2nd Payment	3rd Payment	4th Payment
Super 8, 9, 10's	Fall	\$2,200	\$700	\$500	\$500	\$500
	Winter					
	Spring					
			7/01/2016	10/01/2016	1/01/2017	4/01/2017

- Two 1.5 hour training sessions during Fall and Spring
- 1 Hour of team training once a week, December through March
- 1 Hour Foot skills Training once a week exclusively for Revolution players U8-U11. (Fall, Winter and Spring)
- One tournament in the Spring and one tournament in the Fall. (any additional tournaments are extra)
- 1 League in the Fall, one in the Winter and one in the Spring
- US Club Soccer registration and insurance
- All CCSL League & Friendly Fees
- Coach's Fee
- Field rentals
- Administrative fees

Premier Teams U12-U15 Annual Fees Include:

AGE GROUP	Season	Annual Fee	Deposit Due Date	2nd Payment	3rd Payment	4th Payment
Premier U12-U14	Fall,	\$2,400	\$700	\$600	\$550	\$550
	Winter					
	Spring					
			7/01/2016	10/01/2016	1/01/2017	4/01/2017

- Two 1.5 hour training sessions during Fall and Spring
- 1 Hour of team training once a week December through March
- Two tournaments in the Spring and two tournaments in the Fall. (any additional tournaments are extra)
- 1 League in the Fall, one in the Winter and one in the Spring
- State Cup Entry Fees (For accepted teams)
- US Club Soccer registration and insurance
- All CCSL League & Friendly Fees
- Coach's Fee
- Field rentals
- Administrative fees

Premier Teams U16-U19 and High School Player Annual Fees Include:

AGE GROUP	Season	Annual Fee	Deposit Due Date	2nd Payment	3rd Payment	4th Payment
Premier U15-U19	Winter	\$1,750	\$500	\$550	\$400	\$300
	Spring					
			7/01/2016	10/01/2016	1/01/2017	4/01/2017

- Two 1.5 hour training sessions during Spring
- 1 Hour of team training once a week December through March
- Two tournaments in the Spring (Any additional tournaments are extra)
- 1 League in the Winter and one in the Spring
- State Cup Entry Fees (For accepted teams)
- US Club Soccer registration and insurance
- All CCSL League & Friendly Fees
- Coach's Fee
- Field rentals
- Administrative fees



RUFC Uniform

All uniforms are ordered through Soccer and Rugby.

Once you have submitted all your documentation and your initial payment, you will receive an email with a link to order your uniforms.



PLAYER ATTENDANCE

Players must attend all training sessions, games, and team meetings, or they may forfeit their right to play (unless the player has a valid excuse). Coaches will use their discretion to determine the validity of the excuse and the subsequent penalties for unexcused absences. Penalties may increase for players who continue to miss training sessions, games, and team meetings. If a player is injured they are still expected to attend all training sessions, games, and team meetings.

All players must notify the coach and team manager prior to an absence.

Although Revolution United FC permits players to dual roster, each player must put the club and the team first over all other sports in which he/she may participate. To that end, each player should not play in any other game, track meet, or sporting event on the day of a Revolution game.

If a player violates the policy and is suspended, or their playing time is reduced, that player must still attend the game(s) and participate in the practice(s) during the suspension period. All players must strive to attend all Revolution extra programs such as residential summer camps, extra team training (if necessary), and so forth.

PLAYER BEHAVIOR

- Players must conform to all team laws, rules, policies, and standards. This includes showing proper respect to coaches, team managers, parents, teammates, other athletes, and all locations the team visits.
 - Players must conduct themselves in a way that shows their commitment to represent themselves, their families, and the Revolution United FC soccer program with pride, dignity, and respect.
- At all times, players must show good sportsmanship, fair play, self-control and discipline. Players must respect everyone around them and the use of profanity will not be tolerated.
- Players must not communicate negatively about the Revolution United FC soccer program, coaches, teammates, team managers or other teams and players via Facebook, Twitter, or any other social media. - - Players must not communicate about the Revolution United FC soccer program, or those the club plays, in any way that would reflect negatively on the program.
 - Players must present themselves physically, verbally and non-verbally in a dignified way. Players must dress and act appropriately. The images they present to other people are very important. First and second impressions will always stay with the people they meet. These impressions represent how others will see not only the players themselves, but also their families and the Revolution United FC soccer program.

Players must respect the coach and must address them as “coach”.



Coaches will often give individual instruction to a player. Players must listen and acknowledge the instruction without talking back or acting in a negative way.

Players must always put the team first; they must play for each other, they must help the team when it is needed, and they must encourage teammates. The team must look like a team during training sessions, home games, away games, and any other time they meet as a team.

Players who have a team issue must go to the team captains first and foremost. Team captains will then present the issue to the coach to address.

Players must not use cell phones during any team event. Players must put cell phones on silent during training sessions, games, team meetings and team events.

TRAINING SESSIONS

“Early is on time, and on time is late.”

Players must be fully dressed (soccer cleats, shin guards, soccer ball) and ready to warm-up before the start of the training session. The coach and the team will not wait for players to begin training sessions.

Players must give 100% effort by demonstrating complete focus and a positive attitude at every training session. The way players train is the way they will play in their games.

Players must be respectful at all times. When the coach, or any player, is talking or demonstrating a drill, every player must give his or her full-undivided attention. This includes making eye contact, listening carefully, not talking to other players, and keeping hands down at their sides (no crossed arms or hands on hips).

Every moment on the field presents an opportunity to improve and practice a skill. Every free moment players have should be spent on some soccer skill they need to improve (juggling, dribbling, passing, etc.).

During training sessions, the rules of soccer will always apply. Therefore, there will be no pushing, tripping, dirty tackling, etc.

A player's work ethic is one thing that they can control. Players must compete and work hard during the entire training session.

Weather conditions do not usually affect training sessions, but players must bring weather appropriate gear and cleats to every training session in case of a change in the weather.

Players must remove all jewelry before training sessions.

Players must wear the required apparel to all training sessions, including cleats, shin guards, and a soccer ball. Failure to bring appropriate equipment may result in limited or no participation during training sessions.

Before the start of each training session, players must line up their bags in a row behind the bench or sidelines. Everything must be put away in a bag and the bag must be zipped up. Water bottles may be placed near the bag.

Soccer is a game played without hands (except the goalkeeper)! Therefore, unless the team is working on throw-ins (or you are the goalkeeper), there is no need for a player to use his or her hands to handle the ball.

Team captains will create a list each week of the designated players and their respective responsibilities. Before training sessions, designated players must prepare all of the equipment (taking balls out of the ball bag, making sure the balls are pumped, cones in a stack, pennies out of the bag, etc.). After training sessions, designated players must collect all the gear and put it away properly (balls in the bag, pennies in their bag, cones in a pile, etc.). In the spirit of comradery, even if it is not a player's turn, they should still help out their teammates when needed.

Prior to leaving the training session, all players must pick up their garbage and throw it away in a trashcan. If a player sees something that is trash, even if it is not theirs, they must contribute by picking it up and throwing it away.

At the start of training sessions, team captains must organize and conduct the team warm-up. After training sessions, team captains must organize and conduct the team cool-down. **All players must follow the instructions from the captains for both.**

Following all training sessions, when the coach is done talking to the team, all players must get together for a team huddle and cheer.

Players must not leave until the coach has dismissed them.



GAMES

Coaches will not discuss playing time or positions with any player or parent. The coaches want to be successful just as much as the players do. Coaches will put eleven players on the field who, in the coaches' opinion, give the team the best opportunity to compete at the highest level.

Players who are unhappy or confused about their playing time must talk to the coach about what they need to do to increase their playing time. Players must make an appointment to talk to the coach before or after training sessions.

Curfew will be issued for the night before all games. The coach and/or team manager may call to check on players.

Players must choose their social activities wisely.

Players must arrive in their training uniforms and be prepared to change into their team jerseys as a team before the start of each game. For home games, players must arrive forty-five minutes prior to the kick off time. For away games, players must arrive one hour prior to the kick off time.

Players must bring both game jerseys to all games. Failure to do so may result in the player not being able to participate in the game. In addition, players must remove all jewelry before the start of the game.

All players must help prepare and organize all of the equipment (taking balls out of the ball bag, making sure the balls are pumped, cones in a stack, pennies out of the bag, etc.). Before leaving the game, all players must help collect all of the gear and put it away properly (balls in the ball bag, pennies in their bag, cones in a pile, etc.). All equipment must stay on the field until the conclusion of the game.

Furthermore, all players must pick up their garbage and throw it away in a trashcan. If a player sees something that is trash, even if it is not theirs, they must contribute by picking it up and throwing it away.

Prior to the start of the game warm-up, players must line up their bags in a row behind the bench or sidelines. Everything must be put away in a bag and the bag must be zipped. Water bottles may be placed near the bag.

Before the start of every game, team captains must organize and conduct the team warm-up. After games, team captains must organize and conduct the team cool-down. **All players must follow the instructions from the team captains for both.**

Coaches and team captains are the only individuals allowed to speak with the officials.

If players on the field have an issue, they must communicate it to the team captain who will then address the officials.

Players on the bench must not speak to the officials or the other team and may only encourage their teammates. Players on the bench must be focused on the game. They must pay attention to the team's performance with special attention to the player they may be replacing, as well as the other team and the player they would be facing.

Any player who is replaced by a substitute must leave the field with the proper behavior. Emotional outbursts or negative attitudes from the player will not be tolerated.

Players must accept wins with humility and losses with dignity and purpose. Both a win and a loss can serve as a learning experience. Players must stay positive after either.

Players receiving yellow or red cards during a game must meet with the coach to discuss the infraction.

Following the game, win or lose, players must line up and respectfully shake hands with the opposing team, the opposing team's coaches and the officials. Once the coach has finished talking to the team, all players must get together for a team huddle and cheer.

Players must not leave until the coach has dismissed them.

TEAM TRAVEL

All players must travel to all away games, even if they are injured and unable to play. Players must be dressed in the appropriate team travel attire.

When the team is away participating in a tournament, curfew will be issued the night before all games. The coach and/or team manager may call hotel rooms to check on players.

Players must choose their social activities wisely.



PHYSICAL ISSUES

Players must be soccer fit (physically and technically) and able to play at a competitive level for a training session and for the duration of an 80-minute game. Coaches will help players with this evaluation. Those players who are not at the appropriate level must put in the extra work outside of training sessions to get to the proper level.

Players must put in the extra work to take care of themselves throughout the season. This includes eating properly, staying hydrated, getting enough sleep, taking advantage of rest time, and utilizing the proper recovery techniques (stretching, icing, Epsom salt baths, foam rolling, etc.).

Players must notify the coach and the team manager of any injuries and updates to medical conditions to ensure their safety. (For example, players who need to use an inhaler must inform the coach and team manager of the inhaler and its location).

Injured players must coordinate to do rehab. Taping and treatment must be done prior to training sessions and games. Players must make sure they give themselves enough time to complete everything before the training session starts. Injured players unable to participate in training sessions must do additional rehab and exercises to help them get healthy on the sideline during training sessions.

Any injury that requires a physician intervention must have medical clearance (a written note from the physician) before the injured player can begin playing again. However, only the coach may decide whether a player is able to participate in training sessions and games.

OFF OF THE FIELD

Players must communicate with coaches. Players must check our website at the beginning of each week to review the schedule and read posted articles.

Before the season starts, the team will set team goals for the season. Players must also set individual goals. The coaches and players will evaluate progress toward these goals throughout the season. The coaches will also prepare a final, end of the season evaluation for each player.

PARENTAL INVOLVEMENT

Parents must not approach a coach before or after games to discuss anything concerning playing time or position selection. As an organization, Revolution United FC has a twenty-four hour rule in place.

For players U8-U11, if a parent would like to discuss playtime or position selection, they must wait the prescribed twenty-four hours (minimum) before arranging an appointment with the coach.

For players U12 and older, coaches will not discuss playing time or position with any player or parent. The coaches want to be successful just as much as the players do, so they will put eleven players on the field who, in the coach's opinion, give the team the best opportunity to compete at the highest level.

Players who are unhappy or confused about their playing time must talk to the coach about what they need to do to increase their playing time. Players must make an appointment to talk to the coach before or after training sessions.

Parents must not coach. Families and fans may cheer from the opposite side of the team benches during games. If they must say something, it must be encouraging and positive.

Revolution United FC does not tolerate banter with the opposing team parents, fans, or players.

Families and fans must congratulate the players only after the coach have dismissed the team. Positive observations, encouragement, rides to and from team events, positive displays of sportsmanship and further support that helps accomplish team goals are always appreciated!



REVOLUTION Frequently Asked Questions

- **Will the Revolution United FC soccer program have more than one team per age group?**
Revolution primarily concentrates on having solid teams at each age category. If there is enough talent to host two teams per age group, there is the possibility of having more than one team per age group.
- **How many players will make up a team?**
U8 to U11 teams will consist of 14 players and 4 training players. U12 and older teams will consist of 18-22 players and 4 training players.
- **What is a training player?**
A training player is a player that can practice with the team, play in friendlies and US club events but will not play in league or cup games.
- **Where will home games be?**
Home games will be in Easton (locations might change depending on availability).
- **Where will practices be?**
Practices will be held in Easton. (Locations might change depending on availability).
- **Who will the coach be?**
For coaching background and details please refer to the coaching bio in this packet or our website www.RevolutionUnitedFC.com
- **What if my child doesn't make the team?**
We highly recommend that your child join the Revolution United as a training player to continue in the development of his/her play. We also recommend they try out for their town travel team and to join any of the clinics Revolution United FC may be hosting.
- **What if my child needs financial assistance?**
Parents will need to fill out a financial aid application. Any scholarships or alternative payment plans will need to be approved in writing by the club president.
- **How do I know if my child made the team?**
You will be contacted.
- **If my child made the team how much time do I have to think about if I want to commit or not?**
If you are coming to our tryouts we assume you have already thought about playing for the Revolution United FC soccer program. A commitment letter needs to be signed and submitted within forty-eight (48) hours of acceptance.
- **What is the Developmental Team program?**
It is a three season developmental program for boys and girls ages 7-11. These teams will train in the fall (Sept-Nov), winter (Dec-Mar) and spring (outdoor season-end of league).
- **Can I double roster with another team?**
U11 players are permitted to double roster with a secondary team (travel) but are expected to attend all Revolution United FC practices, games and meetings.
U12 and older players are not permitted to double roster with another team.
- **If my child makes the team when is my first payment do?**
Payment is due upon commitment and no later than July 1st.



- **Will any special club events be held during the year?**
Yes. We believe in team unity and will be hosting fun-filled family events during the year, club jamborees, end of season banquet, etc.
- **Is Revolution United affiliated in any way with the MLS team New England Revolution?**
No, we are not.
- **Does Revolution have any overseas contact with professional teams?**
Yes. Revolution is in contact with professional teams in Colombia and Argentina.
- **Does Revolution work with any University coaches?**
Yes, and some are part of our coaching team.
- **Does Revolution offer transportation to players to and from games?**
At this current time no, we do not. However, in the past parents have worked together to coordinate carpools for games and training sessions.
- **If my child is selected for the team can they pick their own Jersey number?**
No. Revolution will take suggestions but assign numbers based on the players' position and/or availability.
- **What are you looking for from players at tryouts?**
Coaches will be looking at all components of soccer and player attitude.
- **Is Revolution an official club in Connecticut through CJSA?**
Yes, we are currently an official soccer club in Connecticut in CJSA as well as US Soccer.
- **When will parent/coach/director meetings be held?**
Coaching/parent or coaching/player meetings are typically held at the start of the season and again as needed to address any team issues that may arise during the season.
- **When does the season begin?**
For teams aged U14 and below the season begins in September and ends in June. For teams aged U15 and older, the season begins in December and ends in June.
- **Which leagues will we practice in?**
Participation in the league (CCSL, NYSCL, EDP, Elite League or CJSA) will be determined by whether or not teams are accepted into the league.
- **Will tournaments and league play (EDP, NPL, NYSCL) be determined by August?**
Team tournaments and league play will be determined by August and based on the team's acceptance into the league.
- **Will teams practice over the summer?**
No, teams will not practice during the summer. Supplemental or additional club training is available through different summer programs where teams practice and attend tournaments or week-long camps. These are additional and voluntary and are not included in player fees. We highly encourage players to practice in these club activities but recognize that many families travel and may not be available. For more information regarding summer programs, please visit our website: www.revolutionunitedfc.com



Welcome Packet Acknowledgment

By signing this form I acknowledge that I have read this packet and understand my responsibilities to the Revolution United FC soccer program.

In addition to the above content, I understand that the packet covers but is not limited to the following:

- Explanation and understand of the level of commitment to the program
- Play time
- Importance of communication
- 24 hour rule
- Parental involvement and sideline expectations
- Full year commitment

Player program fees are to be paid on time and on schedule. If my fees are not paid, my child will not be allowed to participate.

Parent Signature: _____ Date: _____

Print Signature: _____

Player Signature: _____ Date: _____

Print Signature: _____

Team Name/Age: _____

This form must be signed and e-mailed to registrar@revolutionunitedfc.com