



TOURNAMENT TIPS

1. Bring all equipment for your player:

- Both jerseys (blue and green)
- Shorts
- Shin guards
- Cleats
- Socks (and extras if you have any for the next games as a clean, dry pair is nice to have)
- Ball (for warm ups)
- Long sleeve jersey or a long sleeve shirt to wear under jersey for cold weather
- Warm up suit and jacket
- Sunscreen
- Dry clothes for in between games if it rains
- Sport sandals or shoes to wear in between games
- Water bottle and extra water to refill for the next game
- Healthy snacks for in between games

2. Recommendations for parents to bring:

- Lawn chairs and/or blanket to have somewhere to sit for you and for player(s) between games
- Rain poncho or umbrella
- Jacket and blanket to stay warm
- Hat, sunglasses and sunscreen to combat the sun
- Cooler with drinks and snacks
- Bring some cash to have on hand - *Sometimes tournaments have parking fees for tournaments. You will also typically need cash for concessions if you plan to have lunch at the field. Concessions are usually hot dogs and hamburgers so plan to bring sandwiches or something if you prefer.*

3. Other helpful tips:

- Leave extra time to find where to park and to locate the field for your first game. The tournament usually has a website with the field map (and team managers typically email that out too). Look at the field map carefully to locate where you want to park and to find where you need to meet your team. After the first game, make sure to scout out where to go for the next game.
- Arrive ready to practice 45 minutes-1 hour before your first game (or the timeframe your coach provided).
- Wear Fox Cities United spirit wear if you have it to help cheer on our club!
- Look for the Fox Cities United Soccer Club tents and banner. It's a nice place for teams to get together in between games and to stay out of the sun or rain. Bring your snacks, lunch, and lawn chairs to hang out together as a club. We will post on Facebook where our tent is located if you need to find us that day. Sometimes we also coordinate meeting for dinner after the Saturday games.

So excited to see all of you at the tournament! Please email your team manager or the president at president@foxcitiesunited.com if you have any questions.