

# 2015-16 GIRLS LAX WINTER CLINIC

**WHAT:** A middle school girls lacrosse indoor clinic to prepare players for their spring season.

**WHO:** This clinic is open to all girls lacrosse players in 5<sup>th</sup> through 8<sup>th</sup> grades.

**WHEN:** 8:30am to 10:30am Sunday Mornings  
December 6, 2015 through February 14, 2016  
(No Clinic December 27<sup>th</sup>)

**WHERE:** The clinic will be held in Godley Gymnasium at Bishop Ireton HS, 201 Cambridge Rd., Alexandria, VA 22314

**COST:** The cost for the clinics is \$250 for all ten sessions (cash or check made to "Rick Sofield"). Players must have a valid US Lacrosse number and bring this page with the below signed information. For more info:  
sofieldr@bishopireton.org

I give my approval and consent to the participation of my daughter \_\_\_\_\_ in the Bishop Ireton Girls Lax Winter Clinic. I am aware of the risks and hazards incidental to such participation and I certify that she is physically fit to take part in all activities. I will not hold the Most Reverend Paul S. Loverde, Bishop of the Catholic Diocese of Arlington and his successors in office, as well as the Catholic Diocese of Arlington, Healthy Baller, and Bishop Ireton or any of their employees or volunteers liable for any harm or damages suffered during the course of my daughter's participation in this activity.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name: \_\_\_\_\_ US Lacrosse Number \_\_\_\_\_