

# Burlington Youth Lacrosse Association Preseason Equipment Checklists

## Girls Youth Lacrosse

- ✓ SEI Certified Lacrosse Goggles
- ✓ Mouth Guard
- ✓ Girls Lacrosse Stick
- ✓ Sneakers/Cleats
- ✓ Water Bottle
- ✓ Face Mask

Label all of your  
equipment with first &  
last name!!



## Boys Youth Lacrosse

- ✓ Lacrosse Helmet
- ✓ Mouth Guard
- ✓ Boys Lacrosse Stick
- ✓ Chest Protector
- ✓ Elbow Pads
- ✓ Lacrosse Gloves
- ✓ Protective Cup
- ✓ Sneakers/Cleats
- ✓ Water Bottle
- ✓ Face Mask