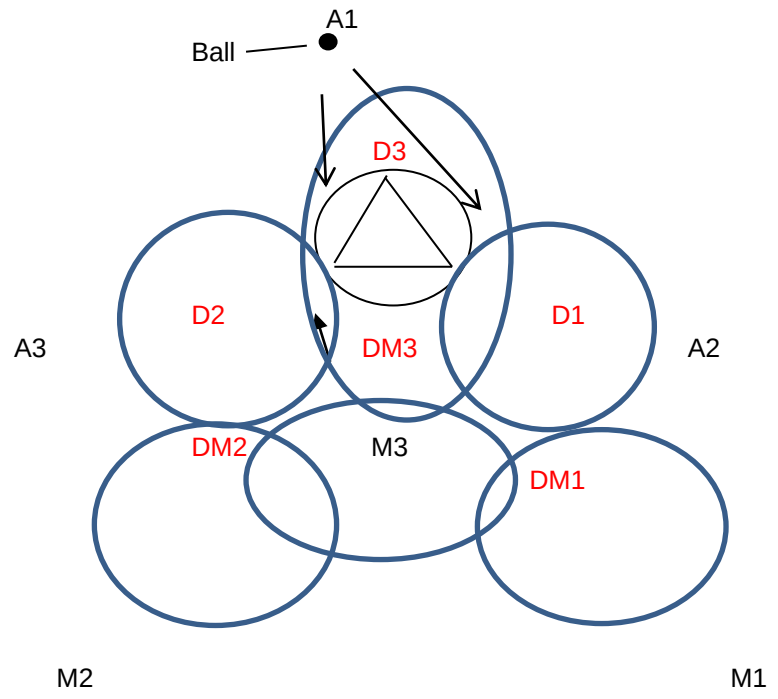
3-3 Hard Zone Defense

Ball behind the goal w/ A1



Hard Zone Defense w/ Ball Behind

1. A1 w/ ball behind
2. D3 covers A1 behind the goal
3. D1 & D2 sluff towards goal line extended
4. DM3 fills crease area and DM1 & DM2 pinch down