

MBLBC PLEDGE

A Foundation for Excellence

This contract is intended to facilitate communication and commitment between players, coaches, teammates, parents and families about potentially destructive decisions related to tobacco, alcohol, drugs, peer pressure, and behavior. MBLBC believes that effective communication and communally acknowledged commitment to excellence is essential to helping young adults make wise decisions and to building a thriving, positive, and successful lacrosse organization. We encourage everyone to take the pledge!

PLAYER, STUDENT, SON, CITIZEN

I recognize that there are many potentially destructive decisions I face every day and I pledge to myself, my parents, my teammates, my coaches, and to my school that I will do everything in my power to avoid making decisions that will jeopardize my health, my safety, my overall well-being and/or your trust in me. I understand the dangers associated with the use of tobacco, alcohol, and drugs and the destructive behaviors often associated with them. I pledge that I will not use tobacco, alcohol, or drugs.

PLAYER _____

PARENT, GUARDIAN, CARING ADULT

I am committed to you and to your health, safety, happiness and success both on and off the field and throughout every aspect of your life. I want to see you flourish and recognize that it requires both of our commitment to excellence. By signing below, I pledge to do everything in my power to build and maintain an open, understanding, communicative, and positive relationship with you concerning the many difficult and potentially destructive decisions you face. And I pledge that I will not violate the laws governing the usage of tobacco, alcohol or drugs.

PARENT, GUARDIAN, CARING ADULT _____

COACH

I am committed to your health, safety, happiness and success both on and off the field. I want to see you excel in life, but especially in school and on the lacrosse field by being smart, conscientious, mature, hard working, disciplined, committed and responsible to yourself, your pledge, your parents, your school, your team, your teammates, your coaches and to the sport. I expect you to honor the game of lacrosse by following the ROOTS of positive play. I want our lacrosse organization to flourish and I believe that it requires both of our commitment to excellence and to this pledge. By signing below, I pledge to do everything in my power to help you to make healthy and wise decisions on and off the field. I pledge honor and respect to you, your family, the team, the school, and the sport. And I pledge that I will not violate the laws governing the usage of tobacco, alcohol or drugs.

COACH _____

HONOR THE GAME OF LACROSSE!

Respect the **ROOTS** of Positive Play

Rules: We refuse to bend the rules to win - **Opponents:** A worthy opponent is a gift that brings out our best

Officials: Show respect even when we disagree - **Teammates:** Never do anything to embarrass our team

Self: We live up to our own standards even when others don't - **Live and lax drug & alcohol free.**

MILLCREEK BOYS LACROSSE BOOSTER CLUB