



HOWARD COUNTY LACROSSE PROGRAM

Program Information
Registration Form
Volunteer Form

Spring 2010



Program Objectives are to teach the game of lacrosse, develop physical fitness and coordination, foster team work, and encourage and reinforce good sportsmanship.

HC LAX (RECREATION PROGRAM)

This league is designed for players at all levels from beginner to experienced, regardless of age. If there are schedule conflicts because of other spring activities, please register in this league rather than the travel league. Players are generally guaranteed to play one half of each game.

Depending on field availability, coaches can schedule practices 2-3 times per week. Games are played on Saturdays, mid-April to early June. Weeknight games begin in late April. An end-of-season tournament for older age groups, and final games and activities for younger age groups will be held in mid-June.

COBRA (TRAVEL PROGRAM)

Travel teams compete at the highest level of competition available, the Maryland Youth Lacrosse Association (MYLA). COBRA teams are for Howard County residents only. **Girls must register by Sept. 8, 2009** and their tryouts will be held the week of Sept. 13, 2009. **Boys must register by Sept. 15, 2009** and their tryouts will be held the week of Sept. 20, 2009. The program is open to all registered players.

All candidates must receive a tryout number prior to attending tryouts. Pick-up dates for the tryout numbers will be listed on www.hclacrosse.com; no numbers will be issued once tryouts begin.

The commitment level for spring starts with three weeknight practices, which then changes to two weekly practices once games begin. Due to the level of intensity, it is strongly recommended that lacrosse is the primary spring sport.

EQUIPMENT

Girls: Must provide lacrosse stick, mouth guard, protective eye wear and proper footwear.

Boys: Must provide lacrosse stick, helmet, shoulder pads, arm pads, gloves, proper footwear, and mouth guard. HCLP can provide a helmet, shoulder pads, arm pads and gloves for ages 5-8 for a \$35 rental fee plus \$200 refundable deposit.

AGES

Age Determination Dates:

Clinic, 5 & 6	8/31/09
Tykers, 7 & 8	8/31/09
Lightning, 9 & 10	8/31/09
Midgets, 11 & 12	10/31/09
Juniors, 13 & 14*	12/31/09

*Cannot be on high school lacrosse roster (freshman/sophomore, junior varsity or varsity)

FEES (UNTIL 1/13/2010)

Clinic: \$100
 Tykers, Lightning, Midgets & Juniors: \$140
 Team placement is subject to availability.

Registration after 1/13/2010 must include a \$30 late fee.

REFUND POLICY

A 20% administrative fee is deducted for all refunds requested before Jan. 13; 50% is deducted for withdrawals requested between Jan. 13 and Jan. 29. **No refunds after Jan. 29.**



BE A VOLUNTEER!

Our program is only as good as our volunteers! Please consider coaching a team or helping out at one of our special events or fundraising activities.

An American Sport Education Program clinic, as well as HCLP Coaching clinics will be provided to train and certify coaches at no cost.

Please indicate the age you wish to work with: Age _____

Please check one:

- Head Coach
- Assistant Coach
- Age Group Coordinator
- Equipment Support
- Field Support
- Team Administrator
- League Volunteer
- Special Events Volunteer
- Training

Name _____ Zip _____

Home Phone _____ Work Phone _____

Email Address _____

Mail completed volunteer form to: Howard County Recreation & Parks, Attn: Jake Chesnutt, 7120 Oakland Mills Road, Columbia, MD 21046



REGISTRATION

Complete a separate registration for each child. Please submit the form and fee (**checks** made payable to "Director of Finance") to:

Howard County Lacrosse Program
c/o Howard County Department of Recreation & Parks
7120 Oakland Mills Road
Columbia, MD 21046-1677

Credit card users (MasterCard or Visa only) may register via:
Fax: (410) 313-4660;
Phone: (410) 313-7275, M-F 8 AM-4:30 PM; or
Internet: <http://www.howardcountymd.gov/rap>

The Finance Office will add a \$35 fee for any returned checks.

FINANCIAL ASSISTANCE

Limited financial assistance is available for Howard County residents who qualify. Call (410) 313-4659 for additional information and guidelines.

PLAYERS WITH DISABILITIES

Everyone is encouraged to register. Please include information regarding your child's disability and accommodations needed. Reasonable accommodations will be made on an individual basis. The League is pleased to comply with Americans with Disabilities Act (ADA) regulations.

ADDITIONAL INFORMATION

Howard County Department of Recreation and Parks contracts Howard County Lacrosse Program, Inc. to provide management assistance.



Registration Form: Howard County Lacrosse Program, Spring 2010

Registrant Information

Child's Name _____ Number of years played _____ Fee Enclosed _____

Sex _____ Date of Birth _____ Grade (fall 2009) _____ School Attending _____

Home Address _____

City _____ Zip _____ County _____

Home Phone _____ Work Phone (Mr.) _____ Work Phone (Ms.) _____

Parent's Email Address (**Required**); list one frequently viewed address. Email is the primary method of communication.

Registrant's health issues or disability _____

I agree to abide by all Rules and Regulations of the Howard County Lacrosse Program, Inc. (HCLP). I, on behalf my child and myself, agree to hold HCLP, its employees, officials, agents and volunteers harmless from any and all claims for damages unless due to the sole negligence of HCLP, its employees, agents, or volunteers. See www.hclacrosse.com for league rules.

Signature of Parent/Guardian _____ Print Name _____ Date _____

Program Information

Fees: Clinic, \$100; Tykers, Lightning, Midgets and Juniors, \$140 (add \$30 late fee after 1/13/2010)

Girls (5508)

Clinic Ages 5 & 6 Rec (701)
Tykers Ages 7 & 8 Rec (702)
Lightning Ages 9 & 10 Rec (703) Travel (711)
Midgets Ages 11 & 12 Rec (704) Travel (712)
Juniors Ages 13 & 14* Rec (705) Travel (713)

Boys (5508)

Clinic Ages 5 & 6 Rec (706)
Tykers Ages 7 & 8 Rec (707) Travel (714)**
Lightning Ages 9 & 10 Rec (708) Travel (715)
Midgets Ages 11 & 12 Rec (709) Travel (716)
Juniors Ages 13 & 14* Rec (710) Travel (717)

* Cannot be on high school lacrosse roster (freshman/sophomore, junior varsity or varsity).

** Boys Tykers Travel is comprised of 8 year-olds only.

See reverse for age determination dates.

Method of Payment

Check, made out to "Director of Finance, Howard County"

Visa MasterCard _____
Credit Card # _____ Exp. date _____

Signature _____ Print Name _____ Date _____

For office use only: _____ Date Rec'd _____ Amount _____ Initials _____