

TAKE THE LEAD

A LEADERSHIP TRAINING PROGRAM

BASED ON THE SOCIAL EMOTIONAL LEARNING (SEL) FRAMEWORK*

7TH GRADE SCOPE & SEQUENCE

SELF-AWARENESS

- Identifying and Managing Emotions
- Accurate Self-Perception
- Recognizing Strengths, Needs and Values
- Confidence & Competence *
- Future Planning: Hope, Spirituality, Belief in the Future *

SOCIAL AWARENESS

- Perspective Taking
- Empathy
- Service Learning
- Respect for Others
- Team-building

RESPONSIBLE DECISION-MAKING

- Problem Identification and Situation Analysis
- Personal Safety *
- Problem Solving - STAR *
- Evaluation and Reflection
- Personal, Moral & Ethical Responsibility

SELF-MANAGEMENT

- Impulse Control and Stress Management
- Self-Motivation and Discipline
- Organizational Skills & Time Management*
- Goal Setting

INTERPERSONAL RELATIONS

- Communication & Social Engagement
- Building Interpersonal Skills*
- Cooperative Learning & Team-Building*
- Help Seeking and Providing
- Service Learning

*The SEL framework has been adapted to meet the additional lesson goals for *Take the LEAD*, Leadership Training Program (additions are marked with *).

