



U6 and U8 Edge and Power Skating Clinic

MEETS SUNDAYS AT 8:30AM OR 9:30AM • APRIL 10 - JUNE 12, 2016

\$150 per skater

Co-ed • Limited to 12 skaters per session

No class Memorial Day Weekend (May 29)

THIS CLINIC FOCUSES ON:

- Complex edge work
- Work on form and stride
- Balance work
- Drills to improve backwards skating ability
- Changing direction and stopping

CLASS INSTRUCTED BY FRAN TRUDEAU

- Professional instructor 36 years
- Skating coach for NAE3HL Northeast Generals
- Skating director at Bavis Arena 10 years
- Mite Hockey director at Bavis Arena 3 years
- Member of the Professional Skating Association (PSA) 32 years

For more information and to register
visit www.stoughtonicecenter.com



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