

# HOCKEY BOOT CAMP



**5 DAYS**

**8am-2pm**

**SKILLS, STRENGTH &  
SPEED DEVELOPMENT**



- **2 Hours on Ice**
- **Off-Ice Conditioning**
- **Position - Specific Training**

**Armstrong Arena**

**Plymouth, MA**

**July 8 - 12** \$325 Registration Fee



**Register online: [www.hockeybootcampskills.com](http://www.hockeybootcampskills.com)**

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