



Girls Hockey Camp July 25–28, 2016

Wonderland of Ice
123 Glenwood Ave
Bridgeport, CT

Cost: \$375

Our Mission

Julie Chu Hockey, LLC is committed to developing a player's fundamental skills and fostering a love for hockey. Practices are structured around skills stations and small area games, which give players high repetition opportunities and competitive situations.

Members of the U.S. and Canadian women's hockey teams will be amongst the staff dedicated to sharing their knowledge and experience with the players through on and off ice interactions.

Our enthusiastic coaches will teach players the importance of setting goals, working hard and most importantly, HAVING FUN!



About Julie Chu

Julie has been a member of the US Women's Hockey Team since 2000. She has 4 Olympic Medals (2002–2006–2010–2014) and 5 IIHF World Championships. Julie also plays with the CWHL Montreal Stars and is a three-time Clarkson Cup Champion (2010–2011–2012).

Julie has coached at the NCAA level for four years. During the '07–'08 season, Julie was an assistant coach at the University of Minnesota Duluth, helping the team win a NCAA National Championship. From 2010–2013, she was an assistant coach at Union College. Julie is currently the assistant coach at Concordia University in Montreal, QC.

Julie grew up playing with the CT Polar Bears and the Bridgeport Blues. She is a 2001 Choate Rosemary Hall graduate and a 2007 Harvard University graduate.

For more information, contact
Camp Director: Miriam Chu
Phone: 203-209-0687
Email: juliechuhockey@gmail.com

Julie Chu

Hockey, LLC



Camp Program

PLAYERS:

- 120 minutes on-ice practice daily:
- Skating Technique (40min)
 - Individual Puck Skills (40min)
 - Individual and Team tactics (40min)

GOALIES:

- 120 minutes on-ice practice daily with players
- Individual Time with Olympic Goalie, Brianne McLaughlin

OFF-ICE TRAINING & IN-CLASS SESSIONS:

- Hockey specific training session of 60 minutes each day
- In-class sessions discussing our Olympic journeys, goal setting, leadership, and Q&A with Olympians

JULY 25-28, 2016

Group 1 12 & Under

Daily Schedule:
9am-1:45pm

Group 2 19 & Under

Daily Schedule:
11:45am-4:15pm

Passionate Coaches



Caroline Ouellette

Co-Lead Instructor

Member of Team Canada since 1999

Four-Time Olympic Gold Medalist

Graduate of the University of Minnesota Duluth



Brianne McLaughlin

Goalie Instructor

Member of Team USA since 2010

Two-Time Olympic Silver Medalist

Graduate of Robert Morris University



Registration Costs: \$375

Space Limited So Sign Up Soon!

Athlete's Name: _____

Guardians': _____

Address: _____

Guardians' Emails: _____

Email: _____

Phone: _____

Date of Birth: _____

Emergency Contact: _____

Position: ___ **Forward** ___ **Defense** ___ **Goalie**

Hockey Experience (# of years played): _____

Team Last Season: _____

Hockey Jersey Size: (Please Circle One)

(Male or Female Hockey - Age Group- Caliber)

Youth: Small Medium Large

Adult: Small Medium Large

I attest that the above applicant is in good health and able to participate in the physical activity of a rigorous athletic program. In the event of injury or illness, the JULIE CHU HOCKEY, LLC has my permission to provide emergency first aid care. I understand that neither JULIE CHU HOCKEY, LLC nor anyone employed by the camp assumes the responsibility for the accidental loss of equipment, or other expenses incurred as a result of participation in this program.

Guardian Signature

Date

Send this form to the attention of Miriam Chu before July 18, 2016.

Mail form to:

145 Primrose Lane Fairfield, CT 06825 along with a check made to:

Julie Chu Hockey, LLC for \$375