

## Individual Champions (Previous Seasons)

### Die Hard

Year	Minor Division	Major Division
2018/19	Ivan Lubberts, Wings	Jeff Poulson, Penguins
2017/18	Bryn Thorne, Rangers	Steve Stapleton, Leafs
2016/17	Bryn Thorne, Canadiens	Dennis Brenneman, Flames
2015/16	Mary Rossi, Rangers	Steve Jeffries, Sabres
2014/15	Deanna Williams, Wings	Paul Humphrey, Sabres
2013/14	Phil & Judy Bowman, Flyers	Scott Turner, Leafs
2012/13	Jason Berg, Hawks Grant Bieman, Leafs	Jesse Pontello, Penguins
2011/12	Kathy Weier, Hawks	Geoff Hunt, Sabres
2010/11	Janet Stanclik, Flyers	Christine Brown, Leafs
2009/10	Nick Pelych, Sabres	Geoff Hunt, Leafs
2008/09	Carleigh Ross, Penguins Michelle Kieda, Penguins	Brett Matte, Rangers Bekki Matte, Rangers

### Sportsmanship

Year	Minor Division	Major Division
2018/19	Tina Matson, Ducks	Michael Janes, Flyers
2017/18	Kristen Bastien, Canadiens	Nigel Davis, Penguins
2016/17	Bob Romeo, Wings	Tricia Troup, Bruins
2015/16	Osman Erzinclioglu, Rangers	Steve Laubach, Flames
2014/15	Scott Holmes, Wings	Dan Murawski, Oilers
2013/14	Gina D'Amico, Flames	Kelly Rigby, Bruins
2012/13	Scott Holmes, Bruins	Jon Wellington, Canucks
2011/12	Tom Greavette, Leafs Jessica Miotto, Bruins	Angie Humphrey, Canucks
2010/11	Rose Brenneman, Sabres	Michael Collins, Canadiens
2009/10	Alie VanBrug, Sabres	Al Thompson, Wings
2008/09	Terry Grout, Flyers	Denise Boyko, Rangers

### Rookie of the Year

Year	Year
2018/19	2012/13
Juilianna Benoit, Wings	Josh Rondinelli, Hawks
2017/18	2011/12
Steve Hyatt, Canadiens	Lisa Brown, Leafs
2016/17	2010/11
Jon Nauta, Penguins	Mike Jeffrey, Flyers
2015/16	2009/10
Melissa Cohen-White, Leafs	Brittany Marischuk, Canucks
2014/15	2008/09
Laurie Kirk, Hawks	Sue Marshall, Flyers
2013/14	
Tom Namestnik, Flames	

## Most Points, Male

Year	Minor Division	Major Division
2018/19	Jesse Richer, Canadiens & Wings	Anthony Aquila, Sharks
2017/18	Greg Fluri, Bruins	Anthony Aquila, Canucks
2016/17	Tristan Morrison, Oilers	Anthony Aquila, Canucks
2015/16	Shawn Pylypiw, Hawks	Nolan Murawski, Canucks
2014/15	Tom Greavette, Rangers	Dan Lafferty, Canucks
2013/14	Ryan Delrue, Canucks	Mike Jeffrey, Canadiens
2012/13	Jason Alexander, Leafs	Sean Thompson, Flyers
2011/12	Terry Grout, Rangers	Dan Lafferty, Flyers Domenic Mengia, Senators
2010/11	Tom Ferguson, Canucks	James Bell, Rangers
2009/10	Len Kowalik, Flames	James Bell, Leafs
2008/09	Brent Harman, Penguins	Dave Leighton, Leafs

## Most Points, Female

Year	Minor Division	Major Division
2018/19	Melissa Coholan, Wings	Katie Wainio-Smit, Leafs
2017/18	Gillian Goodwin, Bruins Shannon Doherty, Flames	Kristen Maiden, Hawks Laura Ross, Canucks
2016/17	Melissa Coholan, Oilers	Kristen Maiden, Hawks
2015/16	Judy Bowman, Leafs	Sherri Falk, Flames
2014/15	Melissa Coholan, Leafs	Laura Ross, Flyers
2013/14	Judy Bowman, Flyers	Joanna Edwards-Michaud, Canadiens
2012/13	Sharau Scapillati, Canadiens	Sherrie Davis-Thompson, Flyers
2011/12	Sharau Eybel, Wings	Sherrie Davis-Thompson, Penguins
2010/11	Bekki Matte, Flames	Joanna Edwards-Michaud, Canadiens
2009/10	Jennifer Bulk, Canucks	Laura Blakely, Bruins
2008/09	Kelly Rossi, Canucks	Tracey Phelps, Bruins

## Hardest Worker

Year	Minor Division	Major Division
2018/19	Simon Reeves, Ducks	Alex Mitchell, Sharks
2017/18	Katie Pym, Rangers	Sherri Falk, Flames
2016/17	Marvin Zhang, Rangers	Mary Armstrong, Leafs
2015/16	Kathy Scott, Wings	Sherri Falk, Flames
2014/15	Rebecca Willms, Leafs	Porsche Martens, Flyers
2013/14	Michelle Cuthbert, Penguins Julie Petrarola, Sabres	Brent Harman, Bruins

## Goalie (Best GAA)

Year	Minor Division	Major Division
2018/19	Robert McKay, Canucks	Scott Jarvis, Penguin
2017/18	Allan McGrath, Oilers	Krist Catella, Penguins
2016/17	Jason Weller, Rangers	Steve Laubach, Hawks
2015/16	Robert McKay, Leafs	Krista Catella, Flyers
2014/15	Brett Matte, Leafs	Krista Catella, Flames
2013/14	Richard Scapillati, Flames	Rob Peto, Canadiens
2012/13	Sue Marhall, Hawks	Shawn Peever, Sabres
2011/12	Robert McKay, Leafs Andrew Puszczalowski, Hawks	Chris Laubach, Sabres
2010/11	Steve Jeffries, Senators	Paul Langley, Leafs
2009/10	Steve Jeffries, Penguins	Justin Peacock, Rangers

## Best Defense

Year	Minor Division	Major Division
2018/19	Michelle Lubberts, Wings	Nigel Davis, Flyers
2017/18	Karen Ferrelli, Ducks	Scott Jarvis, Flyers
2016/17	Adam Selvig, Flyers	Nigel Davis, Leafs
2015/16	Jeremy Dunn, Hawks	Angie Humphrey, Flyers
2014/15	Sean Wiley, Bruins	Brandon Hunt, Canucks
2013/14	Karen Ferrelli, Oilers	Nigel Davis, Canadiens
2012/13	Adam Selvig, Rangers	Dennis Brenneman, Canucks
2011/12	Brittany (Bartlett) Cruise, Leafs	Al Thompson Penguins
2010/11	Christi Bulk, Flames	Nigel Davis, Wings
2009/10	Scott Turner, Canucks	Cindy Shantz, Bruins
2008/09	Allison Gould, Canucks	Rob Grimwood, Rangers

## Spirit Award

Year	Minor Division	Major Division
2018/19	Augie Bastien, Rangers	Tyler McIntosh, Sabres
2017/18	Kristin Carver, Flames	Tyler McIntosh, Flyers
2016/17	Carly Magee, Penguins	Dan O'Callaghan, Bruins
2015/16	Tina Racher, Canadiens	Cindy Shantz, Flyers
2014/15	Osman Erzincliglu, Bruins	Rob Tyndall, Flyers
2013/14	Yoko Hurst, Canucks	David Hurst, Leafs
2012/13	Tiffany Sieber, Canadiens	Sherri Falk, Sabres
2011/12	Matt Cuthbert, Hawks	Kelly Rigby, Senators
2010/11	Rose Brenneman, Sabres	Sherrie Davis-Thompson, Hawks

## Most Improved

Year	Minor Division	Major Division
2018/19	Ginger Derochie, Bruins	Matthew Montean, Leafs
2017/18	Kathryn Campbell, Oilers	Dakota Troup, Sabres
2016/17	Dakota Troup, Wings	Shannon Kaye, Hawks
2015/16	(none)	Joanne Dean, Canucks
2014/15	(none)	Mary Jackson, Canucks
2013/14	Carly Cameron, Flyers	Terry Grout, Hawks
2012/13	Chris Carella, Hawks	Daryl Abbs, Flyers
2011/12	Stewart Ruffley, Bruins	(none)

## Playoff MVP

Year	Minor Division	Major Division
2018/19	Angelo Procopio, Wings	Krista Catella, Leafs
2017/18	Jamie Coull, Rangers	Tyler Lowther, Canucks
2016/17	Jason Weller, Rangers	John Sheppard, Hawks
2015/16	Shawn Pylypiw, Hawks	Brett Kunselman, Penguins
2014/15	Matt Greenway, Rangers	Scott Jarvis, Penguins
2013/14	Dave Mandula, Flames	Michael Jeffrey, Canadiens
2012/13	Jason Weller, Rangers	Beth Condino, Sabres
2011/12	Scott Holmes, Wings	Sean Thompson, Senators
2010/11	Rob Peto, Flames	Chris Laubach, Canadiens
2009/10	Murray Evason, Penguins	Brian Schmidt, Hawks
2008/09	Sherri Falk, Canucks	Ralph D'Amico, Leafs

## Team MVPs (Minor Division)

Year	Minor Division
2018/19	Gillian Goodwin (Bruins), Justin Pelletier (Canadiens), Shawn Hamilton (Canucks), Ross Seirianni (Ducks), Tristan Morrison (Rangers), David Hicks (Wings)
2017/18	Shawn Hamilton (Bruins), Chelsea Bilton (Canadiens), Melissa Coholan (Ducks), Alex Mitchell (Flames), Jesse Richer (Oilers), Trevor Kwolek (Rangers)
2016/17	Shawn Hamilton (Canadiens), Shaelyn Lepp (Flyers), Tristan Morrison (Oilers), Emily Mcpherson (Penguins), Jamie Coull (Rangers), Michelle Cuthbert (Wings)
2015/16	Dean Frado (Bruins), Deanna Williams (Canadiens), Shawn Pylypiw (Hawks), Lindsay Rittenhouse (Leafs), Angelo Zeffiro (Rangers), Rebecca Willms (Wings)
2014/15	Tim Zack (Bruins), Judy Bowman (Canadiens), Tessa Piscitelli (Hawks), Natalie Liske (Leafs), Tom Greavette (Rangers), Angelo Zeffiro (Wings)
2013/14	Yoko Hurst (Canucks), Dom Foli (Flames), Phil Bowman (Flyers), Tom Greavette (Oilers), Sean Wiley (Penguins), Andrew Puszczalowski (Sabres)
2012/13	Rebecca Willms (Bruins), Sharau Scapillati (Canadiens), Josh Rondinelli (Hawks), Jason Alexander (Leafs), Adam Selvig (Rangers), Cori Johnston (Wings)

## Team MVPs (Major Division)

Year	Major Division
2018/19	Kristen Maiden (Flyers), Katie Wainio-Smit (Leafs), Allan McGrath (Oilers), Steve Coatsworth (Penguins), James Duncan (Sabres), Warren Carmichael (Sharks)
2017/18	Kevin Glass (Canucks), Wayne Collins (Flyers), Steve Coatsworth (Hawks), Dan O'Callaghan (Leafs), Krista Catella (Penguins), Nolan Murawski (Sabres)
2016/17	Dan O'Callaghan (Bruins), Anthony Aquila (Canucks), Krista Catella (Flames), Kristen Maiden (Hawks), Mary Armstrong (Leafs), Kevin Glass (Sabres)
2015/16	Nolan Murawski (Canucks), Tyler Lowther (Flames), Krista Catella (Flyers), Tom Adams (Oilers), Mary Armstrong (Penguins), Ian Gollert (Sabres)
2014/15	Dan Lafferty (Canucks), Krista Catella (Flames), Tyler Rigby (Flyers), Crysana Copland (Oilers), Justin Peacock (Penguins), Kris Hoy (Sabres)
2013/14	Jesse Pontello (Hawks), Mark Somerville (Bruins), Rob Peto (Canadiens), Steve Laubach (Leafs), Tony Dinn (Rangers), Rick Giancola (Wings)
2012/13	Brent Harman (Canucks), PJ Coholon (Flames), Sean Thompson (Flyers), Jon Wiens (Oilers), Joanne Edwards-Michaud (Penguins), Sherri Falk (Sabres)

## Best Goalie

Year	Minor Division	Major Division
2013/14	Richard Scapillati, Flames	Paul Langley, Hawks
2012/13	Sue Marshall, Hawks	Shawn Peever, Sabres
2011/12	Andrew Puszczalowski, Hawks	Chris Laubach, Sabres
2010/11	Rob Peto, Flames	Paul Langley, Leafs
2009/10	Sue Marshall, Flames	Chris Laubach, Canadiens
2008/09	Brian Schmidt, Oilers	Chris Laubach, Bruins

## Player's MVP

Year	Minor Division	Major Division
2011/12	Nick Vocal, Canadiens	Dan Lafferty, Flyers
2010/11	Sheldon Walbourne, Sabres	Dom Mengia, Leafs
2009/10	Jennifer Bulk, Canucks	Derrick VanderLely, Bruins
2008/09	Chris Froud, Canucks	Tracy Phelps, Bruins

## GM's MVP

Year	Minor Division	Major Division
2011/12	Chris Rose, Wings	Austin Lamothe, Flames
2010/11	Terry Grout, Senators	Al Thompson, Hawks
2009/10	Judy Bowman, Sabres	Al Thompson, Wings
2008/09	Brent Harman, Penguins	Derrick VanderLely, Canadiens

## Coach of the Year

Year		Year	
<b>2012/13</b>	David Hurst, Hawks	<b>2009/10</b>	David Hurst, Penguins
<b>2011/12</b>	Timothy Salisbury, Sabres	<b>2008/09</b>	Joe Copeland, Canucks
<b>2010/11</b>	Alie VanBrug, Rangers		

## Callup Award

Year		Year	
<b>2013/14</b>	Terry Grout, Hawks	<b>2012/13</b>	Kristin Blakely, Canucks

## Bell Award, Dedication

Year		Year	
<b>2016/17</b>	Chester Murawski, Snap Magazine	<b>2011/12</b>	Alie VanBrug, Leafs & Canucks
<b>2015/16</b>	Deanna Williams, Canadiens	<b>2010/11</b>	Geoff Hunt, Hawks
<b>2014/15</b>	Robert McKay, Rangers	<b>2009/10</b>	Leighann Conlon, Canucks
<b>2013/14</b>	Heather Eskritt, Canucks Dan Murawski, Rangers	<b>2008/09</b>	James Bell, Hawks
<b>2012/13</b>	David Hurst, Hawks & Flyers		