

# Hockey Night in Charlotte

Each Metro League team will participate in a Hockey Night in Charlotte webcast game during the season.

## Catch the Action!

Watch the game **LIVE** at the **Extreme Ice Center** or from your home computer!

Go to [www.cmha.us](http://www.cmha.us) and click "WEBCAST" button



**Questions?**  
**Joe Cardarelli**  
CMHA Hockey Operations  
Joe@xicenter.com  
704-882-1830



Get specialized training with **Dennis Crothers**

to improve your  
♦ Stick Skills

♦ Body Positioning

♦ Skating Edges

## METRO Skills Clinic

*This clinic is a 3 week program held on the Puddle Rink*

*Sundays:  
Sept. 26, Oct 3 & Oct 10*

*MITES: 4:00-4:50p*

*SQUIRTS: 4:50-5:40p*

*PEE WEES: 5:40-6:30p*

*Cost for all three sessions: \$50*

*Register today at the XIC Front Desk*

*Limited to 8 players per age group*



# Charlotte Metro Hockey Association



## Squirts

(2000-2001 Birth Years)

2010-2011 Season

4705 Indian Trail-Fairview Rd  
Indian Trail, NC 28079  
**(704) 882-1830**  
[www.CMHA.us](http://www.CMHA.us)

## Squirt Metro League

### Fall Season starts on Sep.13th

The goals of the Metro League are to improve the skills of every player in every level of the program and for all participants to have fun.

To make the teams as balanced as possible, the Metro League will draft players to each of the teams. The season begins with all the players on the ice for the first three Monday skates prior to the player draft:

Mondays, September 13th, 20th and 27th:

All Squirt players on the ice from 6:00PM to 7:00PM

### The Select team players will be chosen after the September 20th skate

The Metro team coaches will announce the teams at the Saturday, October 2nd Metro Draft where coaches, players and their parents will meet in the XIC lobby at 9:15AM.

Team practices will begin follow the draft on October 2nd.

### Metro teams will be on the ice twice a week starting Oct 2nd:

(Teams will rotate times)

#### **Mondays:**

6:00-7:00 PM or 7:10-8:10 PM

#### **Saturdays:**

10:30-11:30 AM or 11:40-12:40 PM

## Squirt Select Team

To provide a convenient and affordable opportunity to participate in limited travel hockey, the CMHA is proud to field the Squirt Select Jr. Checkers team for the 2010-2011 season.

Open to all full-season Squirt Metro League players, the team will have approximately 2 practices per month and play 12 games (4 weekends) in the CHL Squirt House Select Division.

The team will also play in the Queen City Tournament, held at the Extreme Ice Center, December 28-30, 2010.

In addition, if the team qualifies, they will take part in the CHL playoffs.

These Select team players will also participate in the six week Jr. Checkers Performance Training Program on Tuesdays, from September 21st to October 25th.

The Select team per player cost is \$575 (plus the Metro League Full Season fee).

**The CMHA communicates to families and updates schedules via the CMHA.us website. Families can access their contact information and get text or email reminders for all practices and games through their personal account.**

**Go to the [www.CMHA.us](http://www.CMHA.us) website home page's horizontal title bar and click "Association" & "Edit My Account" to access to your account.**

## Squirt Metro League 2010-2011

I understand by participating in the CMHA, my child will only play on CMHA teams from September 13, 2010 to March 13, 2011. If rostered on any other team during this period my child can lose the privilege of participating in any CMHA program for the rest of the 2010-2011 season. There will be no refunds.

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Forward \_\_\_\_\_ Defenseman \_\_\_\_\_ Goalie \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

### **Do you want your child considered for the Select Team? Yes / No**

**Full Season (Sept-Mar):** \$830 \_\_\_\_\_

**Only Fall (Sept-Dec):** \$480 \_\_\_\_\_

**Only Winter (Jan-Mar):** \$450 \_\_\_\_\_

*Goalie registration is half price for each payment option*

### **Payment plans available at the XIC Front Desk**

Payment: Cash \_\_\_\_\_

Visa/MC # \_\_\_\_\_

Exp. \_\_\_\_\_

Name on Card \_\_\_\_\_

**Players MUST be registered with USA Hockey**  
Registration valid: Sept 30, 2010-August 31, 2011  
[www.usahockeyregistration.com](http://www.usahockeyregistration.com)

Please attach USA Hockey confirmation page to this form at time of enrollment.