



## Host a Trainer – Frequently Asked Questions

### What is the host a coach program?

The host a trainer program provides an opportunity for a professional soccer coach to stay with a family during their time in the local community.

Every Red Bull New York training partner has the option of hosting a professional trainer(s) during their time in the community. By hosting the trainer(s) it provides the local youth soccer organization with a vastly reduced program cost, additionally having the trainer(s) located in the community creates an overall better experience for everyone involved. The housing program has become an enormously successful experience for both the host families and the coaches.

### How long would we need to provide accommodation for?

Spring and fall season: During the spring and fall season the trainer is typically with the organization for a period of 8-12 weeks. During this time a host family can choose to host a trainer for between one to twelve weeks.

Summer: During the summer season the trainer(s) will be in the community to run a 1-week summer camp therefore an opportunity to host a trainer(s) would be available from Sunday to Sunday.

### What do we need to provide?

We expect you to meet only two basic needs: a bed and the use of a shower (everyone will appreciate this!). While these are a coach's basic needs, host families have frequently offered much more, such as meals, use of a washer and dryer and inclusion in family functions. This is up to you.

### Do I need to provide transportation?

No, New York Red Bulls provides transportation for all coaches. You should note that due to insurance guidelines, coaches are NOT allowed to provide rides for kids to and from camp.

### What is the background of the trainers?

The typical ages of our trainers are 21 to 35, and while many come from the U.S., the majority that stay with a host family are from across the globe. All coaches have gone through a thorough background and screening process. As part of training process we review our expectations of how they conduct themselves in your home. They are your guests, and as such they are to pick up after themselves and follow the house rules. They are aware that they are to treat, as they would like to be treated.

### What is the trainer's typical working schedule?

Spring and fall: During these seasons they would typical coach during the week between 4 pm and 9 pm and then on weekends they will most likely be coaching throughout the day on both Saturdays and Sundays.

Summer Camps: Coaches will most likely be working on camp between 9 am to noon and 5 pm to 8 pm; some camps may also run from 9 am to 3 pm. If they are doing an evening camp in another town, they will most likely return home between 9 pm and 10 pm. On Saturdays they may have a clinic in the morning and they would leave for the following week's camp on the Sunday morning.

### How can I learn about my trainer before he/she arrives?

An individual trainers profile is available before their arrival; this can be obtained by contacting us at the number or e-mail address below. In most cases your in town coordinator will also be able to provide you with this information.

### Who do I call if I have any questions, concerns or would like to host a coach?

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