

MCYH Custom Mouth Guard Clinic

FIVE GOOD REASONS WHY YOU SHOULD WEAR A MOUTHGUARD

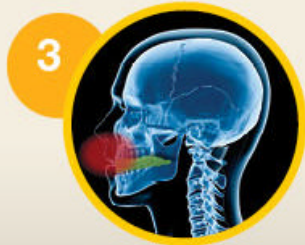
When playing sport.



Cushions teeth against impact.



Protects against jaw joint injuries.



Protects against soft tissue injuries.



Helps prevent neck & jaw injuries.



May help reduce concussion.

Custom Made vs. Store-Bought Mouth Guards:

Sporting accidents are one of the most common causes of concussions and facial injuries such as knocked out teeth, cut lips and broken jaws. Every year thousands of people, including children, are treated for facial injuries that could have been avoided or minimized by wearing a protective, custom fitted mouth guard. Wearing a custom fitted mouth guard helps to absorb the impact of a blow and protects your teeth but can also prevent or reduce the impact of injuries to other parts of your head and jaw.

While store bought (boil-and-bite) mouth guards offer some protection, they don't provide the maximum protection your child requires. Here are the other differences between Custom made versus store-bought mouth guards:

| Store bought Mouth Guard | Custom fit Mouth Guard |
|---|--|
| Loose fit and allows for shifting around in mouth | Snug fit, stays in place for better protection |
| Bulky design makes it uncomfortable and speaking and breathing more difficult | Low profile design allows for better comfort, clearer speech and maximum breathing |
| Minimal protection from contact injuries | Maximum protection from contact injuries |
| "One size fits all" | Customized to individual players' mouth |

As part of their MCYH sponsorship, **Braces of Greece** is offering to fit all children for custom made mouth guards at the reduced rate of \$15 per mouth guard \$20 with strap (regular \$85). Parents can call (585) 789-1659 to set up a single player fitting or Coaches can schedule a "Team Night" for all interested players to get fitted. Please be sure to have a legal guardian present at the time of appointment. **Braces of Greece will even supply Pizza and drinks to make it a fun evening for the whole team!**



BRACES of GREECE

Amazing **Smiles** Are Our Specialty

585-789-1659

www.BracesofGreece.com