
















ARM SIGNALS FOR UMPIRES

 <p>BLOCKING</p>	 <p>CHECKING INTO THE SPHERE</p>	 <p>DANGEROUS FOLLOW THROUGH & DANGEROUS PROPELLING</p>	
 <p>DANGEROUS SHOT ON GOALKEEPER</p>	 <p>DETAINING</p>	 <p>EMPTY CROSSE CHECK</p>	 <p>HELD WHISTLE DIRECTION OF POSSESSION</p>
 <p>GOAL</p>		 <p>GOAL CIRCLE FOUL</p>	 <p>ILLEGAL BALL OFF THE BODY</p>
 <p>ILLEGAL CRADLE IN SPHERE</p>	 <p>ILLEGAL STICK TO BODY CONTACT</p>	 <p>NO GOAL</p>	

ARM SIGNALS FOR UMPIRES

 <p>COVER</p>	 <p>OBSTRUCTION OF FREE SPACE TO GOAL</p>	 <p>OFFENSIVE FOUL</p>	 <p>OFFSIDES</p>
 <p>PUSHING OR BODY CONTACT</p>	 <p>RE-DRAW</p>	 <p>ROUGH CHECK/ ILLEGAL CHECK ON BODY</p>	
 <p>SLASH</p>	 <p>THREE SECOND RULE</p>	 <p>TIME IN</p>	
 <p>TIMEOUT</p>	 <p>WARDING OFF</p>	 <p>TEN SECOND GC COUNT</p>	 <p>THROW</p>