

Youth Basketball

Start Smart - Ages 3 & 4

Day: Saturdays
December 5 - February 6

Times:	Code
8:30 am - 9:10 pm	SS 11
9:15 pm - 9:55 pm	SS 12

Location: Long Lots Elementary Gym

Fee: \$65 per session

This program is a parent/child participation activity. It focuses on teaching children and their parents basic sports mechanics without the threat of competition or the fear of getting hurt. The basic motor skills necessary to play basketball will be covered through exercises and activities and each week, new items will be added.

Grade 1

Day: Saturdays
December 5 - February 6

Times:	Code
10:15 am - 11:00 am	YBB 11
11:15 am - 12:00 pm	YBB 12
12:15 pm - 1:00 pm	YBB 13

Location: Long Lots Elementary Gym

Fee: \$65 plus a handpass if child is 6 years old

This activity is totally instructional and begins teaching children in grade 1 the basic fundamentals of the game of basketball through games, activities and contests. All aspects of the game are scaled down to their level including a smaller ball and shorter baskets.

Kindergarten

Day: Saturdays
December 5 - February 6

Times:	Code
8:30 am - 9:15 am	YBB K1
9:30 am - 10:15 am	YBB K2
10:30 am - 11:15 am	YBB K3

Location: Coleytown Elementary Gym

Fee: \$65 plus a handpass if the child was 6 years old before 7/1

This activity is totally instructional and continues teaching children in Kindergarten the basic motor skills and mechanics used in the game of basketball. All aspects of the game are scaled down to their level including a smaller ball and shorter baskets.

Grade 2

Day: Saturdays
December 5 - March 6

Times:	Level	Code
Boys:	Between 11:00 and 5:30 pm	YBB 2
Girls:	Between 8:30 and 11:00 am	YBG 2

Location: King's Highway Elementary Gym

Fee: \$65 plus a handpass

This program is part instructional, part competitive. During the first half hour, children will be instructed in dribbling, shooting, passing, rebounding and ball handling, each week focusing on different skills. The second half hour will be spent playing a mock game against another team, implementing what they have just learned as they begin to understand the aspect of basketball play.