

Subj Line: RUG Coach Training Clinics start in February (Parents welcome and invited) – Mark Your Calendars!

MESSAGE...

RUG Coaching Clinics Update

The first (in a series of two) coach training clinics for **MINORS** level coaches is Feb 7 (Fri), 600-830 @ Fairview Church Auditorium --- Parents are welcome and invited to attend.

Complete schedule for each level of play, Tee-Ball through **MINORS**, is below. Schedule is also on the RUG website.

What if I can't make it to a clinic?! No Problem ...Baseball Positive puts on clinics throughout the area.

It is likely that another date will fit into your schedule and there is a location near your commute route. – see the Master Clinic Schedule at <http://www.baseballpositive.com/#!puget-sound/c1gag> or at <http://www.rugll.org/>

Veteran youth coach instructor, Mark Linden of Baseball Positive (bio on website – About Us) leads the clinics:

MINORS Session #1 Feb 7 (Fri), 600-830 @ Fairview Church Auditorium --- “Dynamic Practice Structure”

MINORS Session #2 Feb 10 (Mon), 600-830 @ Fairview Church Auditorium --- “Skills & Drills for **Minors**”

Coaches, Check This Out! The Baseball Positive Coaching Guide, first instalment: “Practice Structure” - <http://www.baseballpositive.com/#!coaching-guide/c1evr>

Parents, Coaches, League Leaders and Volunteers: Lots of useful info for everyone involved in youth baseball and softball: www.baseballpositive.com

Complete RUG Coaching Clinic Schedule:

<u>DATE</u>	<u>DAY</u>	<u>TIME</u>	<u>Level of Play</u>	<u>Content</u>	<u>Location</u>
Feb 7	Fri	600-830	Minors	Dynamic Practice Structure	Fairview Church Auditorium
Feb 10	Mon	600-830	Minors	Skills & Drills for Minors	Fairview Church Auditorium
Feb 23	Sun	600-830	89ers	Core Skills/Playing Catch	Fairview Church Auditorium
Feb 28	Fri	600-830	89ers	Skills & Drills for	Fairview Church Auditorium
Mar 9	Sun	600-830	Coach/Machine Pitch	Comprehensive Clinic	Fairview Church Auditorium
Mar 30	Sun	330-545	Tee-Ball	Comprehensive Clinic	East Greenlake Park – NE Diamond

Fairview Church

844 NE 78th Street, Seattle --- auditorium is on lower floor at east end of the building

Map: <http://maps.yahoo.com/#q=844+NE+78th+St%2C+Seattle%2C+WA+98115-4202&conf=1&start=1&lat=47.67041&lon=-122.384399&zoom=16&mvt=m&trf=0&tt=>

East Green Lake park

7201 E. Green Lake Dr., Seattle --- meet at the NE diamond

Map:

<http://www.bing.com/maps/explore/#5003/0.6002=q:7201+E+Green+Lake+Dr.+N+seattle,+wa:nelat:47.4736355041022:nelong:-121.981643676285:swlat:47.2510806818978:swlong:-122.414916991715:nosp:0:adj:0/5872/style=auto&lat=47.680374&lon=-122.325962&z=15&pid=5874>