

3v1 (to goal)

**Description:**

3 v 1 defender, plus a goal keeper.

**Coaching Points**

- When to pass, when to dribble?
- Use the width of the field

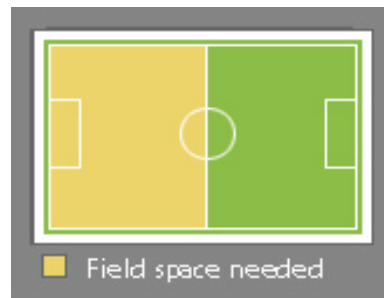
**Progressions:**

3v1 with a passive defender, pressure the ball but no tackle.

Progress to an active defender, can tackle.

Progress to 3v2/3v3

**Materials Needed**



**Cones**

- Pinnies
- Balls

- Passing/Shooting technique
- Communication