



Spring 2010

Girls Middle School Call-Out Meeting

President and Girls Director

Brian Southern – 317-696-5398

brian@centergrovelacrosse.org

Middle School In-School Contact

Mr. Rodman, MS Central

Girls MS Head Coach

Troy Jarvis

www.centergrovelacrosse.org

Welcome to Center Grove Lady Trojans Middle School Girls Lacrosse. The call-out meeting is for information purposes and allows the coaching staff to determine team needs. All girls who meet the minimum requirements for participation will be assigned to a team.

Spring 2009 Success:

- Expanded Girls Lacrosse Program for High School and Middle School Athletes
- 60 Girls Participate in Second Year Program
- Both MS and HS Teams Achieved success on the field and in personal development
- Added younger ages for female student-athletes
- Central Indiana added new programs expanding the number of teams

The program goals for this year are:

- Expand Middle School Program to Include 2 Teams
- Develop Every Athlete to Reach Their Highest Personal Potential
- Create a Safe and Fun Environment for Learning
- Promote Sportsmanship and Team Work
- Develop a Competitive Winning Attitude
- Represent School and Community as Outstanding Student Athletes

Required to Participate

- School Physical
- Academic Standards
- Player Conduct Contract
- Parent Conduct Contract
- Commitment to Meeting Our Goals
- Equipment as Defined
- Club Registration and Fees Paid
- Participation in Program Fundraisers

Girls Program Equipment Information

<u>Required</u>	<u>Optional</u>
Goggles	Gloves
Mouth Piece	
Lacrosse Stick	
Cleats	
Practice Pack	

Indoor Training

Saturday, Feb 27 6:00pm to 7:30pm, will continue every Saturday until outdoor weather permits.

Center Grove Soccer Club Indoor Facility, Corner of Whiteland Road and Morgantown Road.