

CYLA TIMEKEEPER DUTIES

All games are 12 minute quarters, RUNNING TIME.

Use separate game & penalty timers. Time & score keepers must behave in a “neutral” manner and may not cheer or direct players.

GAME clock stops ONLY for:

- Team Timeout (Max 2 per half, per team)
- Officials Timeout
- Injury Timeout
- All whistles under 2 MINUTES OF GAME with 2 goal or less differential

PENALTY clock stops for ALL whistles !

Penalties (time & nature) will be stated by official.

U7-U8-U9: Penalties enforced by player substituting out. Player serves time in the box and then releases to bench. Teams do not play man-down.

U10-U15: Penalties enforced by man-down .

- Personal fouls 1-3 minutes. May be “non-releasable”, which means that player must serve penalty full-time even if the offended team scores.
- Technical fouls 30 seconds.
- ALL players in box “release” if the man-up team scores—UNLESS penalty was “non-releasable.”
- When there are 10 seconds remaining in the penalty, begin countdown “10, 9, 8, 7, 6, 5, 4, 3, 2, 1... release.” Player may then depart penalty box and return to field.

ALERT OFFICIAL & COACHES WHEN:

- 2 minutes, 1 minute remains in quarter
- Countdown time with less than 1 minute
- Countdown last 10 seconds of penalty time for player to be released (“10, 9, 8...3, 2, 1...Release”)
- If any player accumulates 3 personal fouls or 5 minutes of penalty time—player is automatically disqualified
- 3 to 4 minutes have elapsed in U8-U9 games (suggested substitution)

CYLA Rules: Quarter breaks are 2 minutes. Halftime is 5 minutes.

Overtime: Up to two (2) 4 minute sudden victory overtime periods—no timeouts.

NO PARENTS ALLOWED ON TEAM SIDELINES UNLESS SERVING AS TIME/SCORE KEEPERS.

Maximum Three (3) Coaches per team in the coaching box.

ALL SUBSTITUTIONS ARE “ON THE FLY” (except U8/U9). NO “HORNS” IN THE CYLA !