

**Release:** In understanding of acceptance as a student at Robyn Van Zeilen School, I/We agree to release all employees, organizers, helpers of Robyn Van Zeilen school from any responsibilities, claims, actions, damages, or demands for injuries and/or losses resulting from direct participation in Robyn Van Zeilen school programs. I/We acknowledge that I/we have read and understand the terms and conditions of this form and I/we agree by said terms and conditions.

**Parent/Guardian Name** (please print)

\_\_\_\_\_

**Parent/Guardian Signature**

\_\_\_\_\_

Date: \_\_\_\_\_

**Participant Medical Information:**

Date of Birth: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_

Insurance Number/ID: \_\_\_\_\_

Physician Name: \_\_\_\_\_

Medical problems or special needs:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**EMERGENCY CONTACT:**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Refund policy: Our refund policy attempts to be fair to both you and Robyn Van Zeilen School. Partial refunds (50%) are given for cancellations exactly 14 days prior to July 20th. A full refund will be given if we are able to fill the vacancy.

For more info please contact Robyn Van Zeilen  
413-6956 or rmdarcy@hotmail.com.

# Robyn Van Zeilen Hockey Specific Power Skating Camps

**“Where Results Count”**



## 2017 Pre-Season Power Skating Camp

10 Sessions

Aug. 7<sup>th</sup> - Aug 11<sup>th</sup>

Aug 14<sup>th</sup> - 18<sup>th</sup>

**Camp Director & Head Instructor**

**ROBYN VAN ZEILEN**

20+ Years Power Skating Experience!

### RIT Ice Arena

51 Lomb Memorial Drive  
Rochester, NY 14623

**“If you can’t skate, you can’t play our sport.  
skating is an art.”  
Wayne Gretzkey**



## Director & Head Instructor

### Robyn Van Zeilen

#### Playing Experience:

- 97-98 - Team Nova Scotia
- 94-98 - Acadia University
- 93-94 - Notre Dame Varsity Team

#### Coaching Experience:

- 14-17 - Tri-County Power Skating/Coach
- 09-17 - MCYH/RYPH Power Skating
- 06-15 - Robyn Van Zeilen Power Skating
- 02-06 - Hockey Inc. (co-founder)  
Power Skating Instructor Training  
Coordinator
- 94-98 - Acadia Hockey Camp  
Power Skating Instructor
- 92-94 - Hamilton Ringette/Hockey  
Power Skating Instructor

## Robyn Van Zeilen's Camp Overview

The training is designed for the development of a progressive skating program from beginner to professional level. Robyn Van Zeilen's objectives are to improve and refine skating skills necessary to enjoy and obtain that competitive "edge" needed to be successful at hockey.

### Skills Covered

Forward/Backward  
Strides  
Starts/Stops  
Power Turns  
Refined Crossovers  
Agility/Balance  
Speed/Endurance  
Lateral Movement



## Equipment Requirements

Hockey Equipment is mandatory; including a **mouth guard**, a USA youth approved helmet, mask, and neck protector. Full body equipment is essential to create the same body movements that exist in hockey game situations.

## Robyn Van Zeilen 2017 Power Skating Time Schedule 10 sessions Mon - Fri

### Group I (Squirt and Pee Wee Minor):

5:00 - 6:00 - On Ice Training

### Group II (Pee Wee Major and Bantam):

6:00 - 7:00 - On Ice Training

7:15 - 8:00 - Dry Land

### Location

**RIT Ice Arena**  
51 Lomb Memorial Drive  
Rochester, NY 14623



"Youth sports should serve as a cornerstone in the development of character, leadership and self esteem" - F. D'Arcy

## SEND REGISTRATION AND DEPOSIT TO:

**Robyn Van Zeilen**  
550 Latona Rd., Ste 402  
Rochester, NY 14626

### Cost:

**Group 1 - \$165.00 (Limit 25)**

**Group 2 - \$185.00 (Limit 25)**

Make Check Payable to:  
Robyn Van Zeilen

### 2017 Registration Form

GROUP I

GROUP II

### Participant Information:

Name: \_\_\_\_\_

Position Played: \_\_\_\_\_

Level/Team Played: \_\_\_\_\_

Age (as of Aug. 1, 2017): \_\_\_\_\_ M/F \_\_\_\_\_

Date of Birth: \_\_\_\_\_

### Parent/Guardian Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Tel (day): \_\_\_\_\_

Tel (eve): \_\_\_\_\_

E-Mail: \_\_\_\_\_

Signature: \_\_\_\_\_

**Questions? Contact Robyn @ 585-413-6956 or  
rmdarcy@hotmail.com**