



## Metro All Conference Teams 2010

1st Team			2nd Team			Honorable Mention		
Attack			Attack			Attack		
	Player	School		Player	School		Player	School
1	Ben Dill	Sunset	1	Justin Pfeffer	Jesuit	1	Matthew Welch	Jesuit
2	Joey Coleman	Jesuit	2	John-Henry Southwood	Southridge	2	Sam Klingsporn	Aloha
3	Cody Dejardin	Southridge	3	Curtis Eschman	Sunset	3	David Walsh	Tigard
Midfield			Midfield			Midfield		
	Player	School		Player	School		Player	School
1	KJ Paik	Sunset	1	Neil Davis	Southridge	1	Peter Ramig	Jesuit
2	Kyler Bruno	Sunset	2	Holden Richards	Beaverton	2	Dylan Simkins	Southridge
Tied for 3	Omar Horani	Tigard	3	Dange Wolf	Tigard	3	Janssen Levin	Jesuit
Tied for 3	Jake Bishop	Jesuit	4	Alexander Fine	Westview	4	Keon Burns	Westview
LSM			LSM			LSM		
	Player	School		Player	School		Player	School
1	Sam Turin	Jesuit	1	Zack Parker	Tigard	1	Eli Abramovitz	Beaverton
Defense			Defense			Defense		
	Player	School		Player	School		Player	School
1	Kody Smith	Sunset	1	Corey Guerrant	Sunset	1	Ryan Ferguson	Jesuit
2	Mark Schiedler	Jesuit	2	Guy Dougherty	Southridge	2	Cam Howser	Beaverton
3	Tony Athanasakos	Beaverton	3	Jack Skaggs	Sunset	3	Dylan Roach	Westview
Goalie			Goalie			Goalie		
	Player	School		Player	School		Player	School
1	Jack Regan	Sunset	1	Ben Cheek	Jesuit	1	Armon Poostpasaand	Southridge
						1	Ronnie Rothstein	Westview
Coach of the Year: Jeff Dill Asst. Coach of Year								