

Amy Lengel Memorial Award



In 2016 Avon Grove Lacrosse was contacted by a very generous member of the community. The community member's son had gone through the lacrosse program and had an exceptional experience. The experience was one for his son that not only provided tremendous growth as a lacrosse player but more importantly to the donor, shaped his son into an exceptional young man. His son was taught the values of sportsmanship, fellowship and a respect for the game.

One of the coaches that was integral to the experience his son had in the program, was Eric Lengel. Eric coached at all levels for the program as well as serving on the Board of Directors as President.

Avon Grove Lacrosse is more than just a game of wins & loses. It is about families coming together to better the community through youth sports. Amy Lengel, Eric and their kids exemplified this belief. Amy attended countless games, practices, tournaments & always made every player and their family feel welcomed in the Avon Grove Lacrosse Community.

In December of 2015, Eric lost his high school sweetheart and wife of 22 years after a hard fought battle with cancer. In honor of Amy and in an effort to ensure she is never forgotten, the donor established an award in Amy's name.

Each spring the Amy Lengel Memorial Scholarship Selection Committee will select one or more 8th grade U14 players to receive this award. The recipient(s) is one who plans to continue playing lacrosse at the high school level and exemplifies the values that the program works to instill in all those involved. The scholarship includes a high school team helmet, gloves, and bag, as well as a gift card.

Selection Criteria:

1. ROOTS: Candidate has displayed the Respect towards the games Rules, Officials, Opponents, Team and Self.
2. Sportsmanship – Candidate always shows sportsmanship towards own teammates as well as opponents, referees and fans.

3. Leadership – Candidate understands their team-mates weaknesses and strengths and encourages them to continue to strive to be better on all accounts. Provides encouragement rather than criticism. Candidate manages “himself”, maintains a positive attitude in the midst of letdowns & adversity. Leads on and off the field.
4. Fellowship – Candidate provides a positive influence on those around them. Being open and authentic, helping to lift others up and working toward a common goal.
5. Commitment: Candidate demonstrates commitment to his team by being on time to practice, proactively communicating to coaches regarding his availability for practice/games, and consistently being focused on individual and team improvement.
6. Coach-ability: Candidate is willing to listen and is committed to learn and practice what the coaches are teaching. Puts his best effort forward to learn.

Requirements:

1. For consideration each applicant must submit their application by April 15 to Eric Parente at ejp@vet.upenn.edu. The winner will be announced at the Annual Cow Plop Event.
2. Each candidate must write a 1000 word essay. The topic of the essay should include the following:
 - a. How do you feel your youth lacrosse experience shaped your life?
 - b. What provided positive influence on you and how?
 - c. How did you use these experiences to help those around you?
3. A signed recommendation from one of the candidate’s Avon Grove Youth Lacrosse coaches (current year or any season prior).

Candidate Acknowledgements:

1. All decisions by the selection committee are final.
2. All materials submitted will become property of the selection committee and will not be returned.
3. I hereby certify that all the information provided in this applicant is accurate to the best of my knowledge. By signing this document I acknowledge that I have read and understand all requirements and clarifications included. I also acknowledge that I give consent for the Amy Lengel Memorial Award Selection Committee authorization to verify all information provided by the applicant.
4. The committee reserves the right to have multiple winners in any given year.
5. The committee reserves the right to have zero winners in any given year.

Applicant Signature

Date

Parent/Guardians Signature

Date

Application for the Amy Lengel Memorial Award

Contact Information:

Name: _____
 First Middle Last

Date of Birth: _____
 Month/Day/Year

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Best Number to Reach You: _____

Name of Parent or Guardian: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian Permission: I/we, the parents/legal guardians of the applicant understand all of the criteria and intension associated with this scholarship application and hereby give out consent for our minor child, _____, to complete the Amy Lengel Memorial Scholarship process.

Name: _____ Signature: _____ Date: _____

Name: _____ Signature: _____ Date: _____

Current Grade enrolled in School: _____

GPA: _____

High School that you are planning to attend: _____

Fill-out the table below to identify the AGWL teams you played on during your Wildcats career:

Age Group	Season (year)	Name of one of your coaches (do not include your own parent)

List your involvement in the following activities: school clubs, sports teams, community service, volunteer activities, work experience.

Activity: _____

Length of involvement: _____ Position/Title/Role: _____

Contact Name & Phone Number: _____

Activity: _____

Length of involvement: _____ Position/Title/Role: _____

Contact Name & Phone Number: _____

Activity: _____

Length of involvement: _____ Position/Title/Role: _____

Contact Name & Phone Number: _____

Activity: _____

Length of involvement: _____ Position/Title/Role: _____

Contact Name & Phone Number: _____