



# Three Rivers Lacrosse Club Board Meeting Notes from February 4, 2013



In attendance:				
Ryan Greenhalgh	Terry Brown	Jil Smith	Stacy Hahn	Erin Bachrach
Kelley Greenhalgh	Marcus Fellows	Lisa Haven	Ron Haven	Kirk Bachison

## **Terry Brown called meeting to order @ 6:35 p.m.**

1. Review of Meeting Rules
  - One person speaks at a time
  - Input from parents is encouraged, however, no new business will be discussed from non-board members unless previously scheduled
  - New business must be submitted 48 hours in advance with the topic, hand-outs (if any), & estimated time requested
2. Approved notes from last meeting
3. Financial Report
  - Budgets
  - Complete financial report to budget in March
4. Board member position open
  - Treasurer: Nominate/introduction of Stacie Hahn
5. Fundraising
  - \$5/room up to \$4000 by TCBC
  - Teams are encouraged to fundraise
  - Board needs to know what/when event is & what funds will go toward
  - All monies go through the Treasurer
  - Boys HS team will sell bottled water @ meeting on 02/16 as fundraiser
6. Budgets
  - Budget finalized; monthly expense to budget
  - Submit receipts to Terry B (PDF preferred)
7. Fields (Kip)
  - Chris Hall (HHS) contact ~ storage shed plans moving ahead
  - Boys HS team considering games @ HHS ~ lights, lines, etc.
  - Girls where 8<sup>th</sup> grade boys were last year
  - HHS is 11 acres (grass)
  - Boys HS is breaking up slabs of concrete for the fields
  - Starting conversation with KSD & PSD about using fields in their districts

## 8. Equipment

- Lincoln Storage Unit secured
- Storing 3RLAX items ~ uniforms, equipment, etc.
- Rob purchased 1<sup>st</sup> aid kits
- Dr. Burrup to discuss head injuries/concussions, hydration, sports physical, etc. @ the All Team Meeting
- AED machines? Jil knows about a grant to possibly get more for the club
- Erin's husband (doctor) may be able to give an in-service for AED use

## 9. Uniform Status

- New U15 Boys Jerseys are in ~ Nike brand
- Blue U15 Boys Jerseys are going to U13 Boy team
- Girls HS still needs the Goalie Jerseys from the Boys U15 team

## 10. Pre-Season conditioning: Galloway Sports

- 8-9 kids utilizing the conditioning service
- Andre will take payments (3) for \$125 fee

## 11. Spring Clinic

- February 9, 2013 ~ Girls Clinic
- 17 girls showed up for a Feb. 2 impromptu clinic ~ 5 new
- Only 4 returning HS Girls
- February 16, 2013 ~ Lacrosse Clinic @ Badger Mt. Park from 12:00 p.m. to 3:00 p.m.
- Mike McQuaid ~ Sports information director 206-683-8988 WA HS Lacrosse (HS player of week)
- KNDU/KNDO ~ Jil has contact to get more attention to local lacrosse
- Nike Rep ~ Mac ~ Gear Up Sports
  - @ the clinic will bring rental equipment (\$80) & gear to purchase
  - Out of Beaverton, OR
- Info will go out on the 3RLAX website
- Girls need sticks, goggles, head stringing kits, & pre-strung heads

## 12. All Club Meeting

- February 16, 2013
- Tentative agenda ~ Jil Smith
- Coaches will be responsible to relay information to any player/parent that is unable to attend
- Coaches' introduction ~ Girls HS coach will have opportunity to talk about her philosophy, etc.
- Time for Q & A from parents? Split of HS teams by city?
- Code of Conduct ~ Terry Brown ~ present to entire audience
  - Players
  - Coaches
  - Parents
- Head Injury Video (15 min)
  - Dr. Burrup to discuss head injuries/concussions, hydration, sports physical, etc. @ the All Team Meeting
  - Players/Parents sign concussion contracts
- Each team needs a "Sideline Manager" who reminds parents of appropriate conduct (could rotate)
- Forms on website need to be updated for 2013 (Rob)
- Break Out sessions for all teams w/coaches ~ 7:30 p.m. ~ Coaches have an agenda
  - Gather paperwork
  - Gather sizing information for uniforms
  - Uniform deposit? Address it in the information
- Audio Video person is questionable ~ Jil is working on visual & sound system
- 8:00 p.m. dismissal

13. Shoot-Out ~ April 20/21, 2013

- Registration is full for the boys teams
- 4 HS & 4 MS teams will play ~ full day Saturday 04/20/13
- Terry will check with Rob on other updates

**New Business**

14. Girls Items

- Individual teams are responsible for transporting their own players
- Scholarships: Proof of reduced lunch program, player can be nominated to Board for partial/full registration
- School District Approval for flyers: District must approve & may suggest changes or request to be translated into Spanish
- High School players must be in High School to play High School lacrosse

15. HS Boys Update

- Ruckus @ the Reactor ~ March 9, 2013 ~ from 10:00 a.m. to 3:00 p.m.
- HS Boys Jamboree only
- Jil hopes to have the logo for the Ruckus @ the Reactor by end of the week ~ problems with Larry @ Metro
- Girls can sell water & T-Shirts @ the Jamboree
- Kirk is going to sell "pre-order" price tee-shirts to teams in Jamboree

16. Coaches will be scheduling a meeting for all ages, boys & girls for games/tournaments?

17. Coaches Alliance ~ Neil sent it out

- Optional for coaches; encouraged but not mandatory
- How to coach, suggestions, etc.
- US Lacrosse: On-line Level 1 ~ \$30 (another option)
- Relates best for new coaches
- Club will reimburse the cost for any coach that would like to participate

18. 2<sup>nd</sup> Coaches Meeting

- Possibly 02/09/13
- Finalize coaching positions

19. March 4, 2013 Union St. Library in conference room ~ 7:00 p.m. to 9:00 p.m.

**Meeting Adjourned @ 8:22...**