



Valeo/ VFC Blast Futbol Academy

College Preparation, Planning & Showcase Program



Valeo Training Academy and VFC Blast offers the ultimate **College Preparation** program that provides soccer players with the very best in **college planning** and **placement, instruction** and **competition**. The program provides a Pre-College Experience and Training Environment that is second to none. Players are challenged mentally, physically, technically and tactically that prepares them to excel at the college level.

There is a thorough education in recruiting, training, admissions, academics, athletics and all facets of the collegiate game. Nothing is left to chance.

The College Preparation Package includes:

Training

- Technical - (First touch, Individual Attacking and Defending, Dribbling, Passing, Shooting, Etc),
- Tactical - (Game and training session analysis, Classroom sessions, Videotape Analysis)
- Physical - (Speed, Strength, Agility, Endurance, Injury Prevention, Diet and Nutrition, etc)
- Psychological - (Mentoring, Life coaching, Sports Psychology)



Planning and Placement

- In-depth interview and Assessment of educational and personal goals
- Research colleges and Arrange visits, interviews, etc.
- Contact college coaches on behalf of players
- Assistance with application and essay completion
- Advice on Scholarship & Financial aid

Director, Elvis Comrie

- U.S. Youth National Team & U.S. Development Academy scout
- Former U.S. National Team player
- Former Div. 1 Head Coach, Holy Cross College (18 Years)
- Patriot League Coach of the year 1995, 1999, 2001, 2000
- NASL Professional Soccer Player

Marketing

- Media Kit development
- Video production
- Player Brochures
- Online Profile, etc

College Showcases

- **Dallas Cup**, Dallas Texas
- **Surf Cup**, San Diego, California
- **SC del Sol**, Presidents Day Cup, Phoenix, Arizona
- **MAPS/MSSL 2009 Winter Classic** Philadelphia, PA
- **FC Delco Players Cup**, Downingtown, PA



Tryout Dates

November 15th & 21st, 2009

Gann Academy Lower Field

333 Forest St.
Waltham, MA





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The Valeo College Preparation program Features:

- Division 1 college coaches as advisors and mentors
- Custom Designed Training Program for each player
- Advanced Technical and Tactical Training
- Classroom instruction, Match Analysis and Video Analysis
- Speed and Agility Training to increase quickness and reaction abilities
- Injury prevention program that includes Core, Flexibility, Calisthenics and Isometric training
- Education in the college identification and admission process
- Negotiation of Scholarship and Financial Aid
- Access to the best tournaments and Showcases in the country
- Friendly games against College teams
- 4 weeks of preparation training prior to every Tournament
- Proactive and aggressive approach to getting players into college
- Tour the country! Play ball! Have fun! Enough said!



Process

- Tryout (November 15th & 21st, 2009)
- Thorough assessment of each players strength and weakness
 - Complete evaluation of each players academic and soccer abilities
 - Players are given an honest assessment on where they are currently and what they need to do to get to the point of a collegiate player
 - Goals are set on and off the field
- Training programs are custom designed for each player. Training programs may include:
 - Speed and Strength
 - Technical
 - Tactical
 - Functional training (position specific training)
 - Mental training in preparation for the college game
- Develop player profile and marketing material
 - Brochures
 - Online player profile sites
 - Video production and Highlight film development
- Research colleges that fit players profile
 - Education and help in the College Application process
 - Arrange visits
 - Contact the coaching staff
 - Negotiating Scholarship and financial aid



For more information please contact:

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