

# **Inova Concussion Clinic**

At Inova Loudoun Hospital

## **Baseline Testing - *Frequently Asked Questions***

### **1. What is baseline testing?**

- a. Baseline Testing is an indicator of your normal brain functioning – without injury. After injury, functional deficits are most commonly noted in the following areas:
  - i. Neurocognitive Performance (standard testing)
  - ii. Balance/Vestibular Function (comprehensive testing)
  - iii. Oculomotor Function
- b. Baseline testing is valuable in assisting in the identification of deficits following a Mild Traumatic Brain Injury (MTBI), or concussion.

### **2. What kind of testing do you do?**

- a. Standard Baseline Testing (\$40 – group discount = \$35)
  - i. **IMPACT Neurocognitive Baseline Testing is a computerized test that takes approximately 20 minutes to complete. The program measures multiple aspects of cognitive functioning, including:**
    - Attention span
    - Working memory
    - Sustained and selective attention time
    - Response variability
    - Non-verbal problem solving
    - Reaction time
- b. Comprehensive Baseline Testing (\$100)
  - i. **IMPACT Neurocognitive Testing**
  - ii. **OcularMotor Testing**
    1. **Baseline assessment of Vergence, Saccades, and Tracking as well as Vestibular Ocular Assessment.**
  - iii. **Balance Testing**
    1. **NeuroComm Smart Equitest**
      - a. **Balance Sensory Organization Testing**
      - b. <http://www.resourcesonbalance.com>

### **3. Does insurance cover the cost of baseline testing?**

- a. Unfortunately insurance does not cover the cost of baseline testing at this time.

**Inova Concussion Clinic**  
At Inova Loudoun Hospital  
44035 Riverside Parkway, Suite 500C  
Leesburg, VA 20176  
(703) 858-6390 Option 3