

RYC CHEERS & CHANTS

<p><u>Spirit Chants</u> Reston Seahawks Who Rocks the House R to the Y Ashes to Ashes Head and Shoulders Fire Up Hustle We made it to the top Hey You We've Got Spirit, S-P-I-R-I-T 1, We are the Seahawks Let's get Fired Up, XX-XXX We don't mess around Hey all you Seahawk fans If You Wanna Win</p>	<p><u>Offense Sideline Chants</u> 1-2-3-4, C'mon Seahawks, Let's Score O-F-F-E-N-S-E, Offense, Offense Touchdown, Hey, Hey, M- O-V- E, Move that Ball Let's Go O S,C, ORE, Score, Score, Score, First Down, Touchdown T-TO-T-O-U-C-H- Down, Touchdown S-C-O-RE, Score Seahawks Score! G to the O, Let's Go, Offense, Go</p> <p><u>General Sideline Chants</u> G-O, Let's go Seahawks, G-O, Let's Go W-I-N, Win Seahawks Win Go, Go,G-O, Yell it, Go Seahawks go Go, Go, Go Seahawks Go Be Aggressive, Seahawks C'mon Crowd, Get up!</p> <p><u>Defense Sideline Chants</u> D-E-F-E-N-S-E, Go, Defense Go Defense, Seahawks, XX D,D,D Defense Hold that Line, Seahawks, hold that line Sack That Quarterback, Push through that line De-Fense (clap, clap) Let's Go Defense, Let's Go Stop 'em, Block 'em, Defense Defense, Defense, Get it! Get it! Hold 'em, Seahawks, Hold 'em Block That Kick!</p>	<p><u>Cheers</u> Hey Crowd, Yell RYA R-E-S, T-O-N Seahawk Fans, Yell RYA Big Blue Is Here! Welcome Hello Go, Let's Fight</p>
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